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ARIEL COLAÇO DE OLIVEIRA

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Preparation, characterization, and scaffolding capacity of
chitosan/gellan gum-based hydrogel assemblies

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³⁰ Young men will be wary and weary, and young men will surely fall.

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³¹ But they that wait on the Lord shall renew their strength; they shall mount up with wings like eagles; they shall run, and not be weary; they shall walk, and not faint.

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68

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75 moment, I would like to see her more once and then she could watch this moment.

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103 them, Joziel, Fernanda, Débora, Jéssica, Bruno, Rosicler, André, Katlyn, Jessica
104 (Londrina) and all that I do not remember at the time.

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ABSTRACT

110 In this study, we have demonstrated the production and characterization of hydrogels
111 based on chitosan and gellan gum (CS/GG) assemblies. Hydrogels were created
112 without any covalent and metallic crosslinking agents, conventionally used to yield
113 polysaccharide-based hydrogels. Polyelectrolyte complexes (PECs) were
114 characterized by infrared spectroscopy (FTIR), thermal analysis (TGA and DSC), X-
115 ray photoelectron spectroscopy (XPS), scanning electron microscopy (SEM) and
116 wide-angle X-ray scattering (WAXS). Hydrogels containing chitosan (CS) contents
117 ranging from 40 to 80 wt.% were yielded by performing CS/GG blends at 60°C.
118 CS/GG wt.%/wt.% ratio was modulated in the blend to promote hydrogels with
119 interconnected pore networks, structural homogeneity, durability, and hydrophilicity.
120 These properties are required in the development of scaffold-based platforms. The
121 polymer chains in the hydrogel matrices have self-assembled during the
122 neutralization step. The reorganization was confirmed through TGA, DSC, and SEM
123 techniques. A hydrogel prepared from the CS/GG 60/40 ratio (sample CS/GG(60-40))
124 showed swelling degree (SD%) of 6460% after 4 days in PBS buffer. This PEC had
125 no potential to act as scaffold matrix; however, a cytocompatible CS/GG hydrogel
126 yielded at 80/20 CS/GG ratio (sample CS/GG80-20) supported fixation, growth, and
127 spreading of bone mesenchymal stem cells (BMSCs) after 9 days of cell culture. This
128 hydrogel exhibited desirable properties to be applied in tissue engineering arena.

129

130 **Keywords:** Hydrogels, Self-assembling, Cell Viability, Stem Cells, Cytocompatibility,
131 Biomedical Engineering.

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RESUMO

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142 Demonstramos neste estudo à produção e caracterização de hidrogéis físicos
143 termossensíveis a base de quitosana e goma de gelana (CS/GG). Os materiais
144 foram produzidos sem adição de agentes de reticulação covalentes e metálicos,
145 convencionalmente utilizados na produção de hidrogéis a base de polissacarídeos.
146 Os complexos polieletrólíticos (PECs) foram caracterizados por meio de
147 espectroscopia na região do infravermelho (FTIR), análise térmica (TGA e DSC),
148 espectroscopia de fotoelétrons de raios-X (XPS), microscopia eletrônica de
149 varredura (SEM) e difração de raios-X (WAXS). Hidrogéis contendo quitosana (CS),
150 com teor variando de 40 a 80 m.% foram criados a partir de blendas CS/GG obtidas
151 a 60°C. A razão CS/GG m.%/m.% foi modulada na blenda para promover aos
152 hidrogéis morfologia com poros interconectados, homogeneidade estrutural,
153 durabilidade e hidrofiliçidade. Estas propriedades são requeridas no
154 desenvolvimento de plataformas *scaffolds*. As cadeias poliméricas dos hidrogéis se
155 reorganizaram durante a etapa de neutralização. A reorganização foi confirmada por
156 meio das técnicas de TGA, DSC, e SEM. O hidrogel preparado a partir da razão
157 CS/GG 60/40 (amostra CS/GG(60-40)) apresentou grau de intumescimento (SD%)
158 de 6460% depois de 4 dias em tampão PBS. Este PEC não apresentou potencial
159 para atuar como matriz scaffold, porém o hidrogel citocompatível produzido na razão
160 CS/GG 80/20 (amostra CS/GG(80-20) com SD = 1813% após 4 dias em PBS)
161 suportou a fixação, proliferação e disseminação de células tronco mesenquimais do
162 tecido ósseo (BMSCs) após 9 dias de cultura celular. Este hidrogel exibiu
163 propriedades desejáveis para ser aplicado na área de engenharia de tecidos.

164

165 **Palavras-chave:** Hidrogéis, Reorganização, Viabilidade Celular, Células Tronco,
166 Citocompatibilidade, Engenharia Biomédica.

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LIST OF ACRONYMS

255	
256	
257	
258	BMSCs = Bone mesenchymal stem
259	
260	CS = Chitosan
261	
262	DSC = Differential scanning calorimeter
263	
264	ECM = Extracellular membrane matrix
265	
266	FTIR = Infrared spectroscopy
267	
268	GG = Gellan gum
269	
270	PBS = Phosphate-saline buffer at pH 7.4
271	
272	PEC = Polyelectrolyte complex
273	
274	PECs = Polyelectrolyte complexes
275	
276	SEM = Scanning electron microscope
277	
278	SGF = Simulated gastric fluid
279	
280	XPS = X-ray photoelectron spectroscopy
281	
282	TGA = Thermogravimetric analysis
283	
284	WAXS = Wide-angle X-ray scattering
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305 PUBLISHED PAPER

306 J. G. Martins, **A. C. de Oliveira**, P. S. Garcia, M. J. Kipper, **A. F. Martins**. Durable
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311 SUBMITTED MANUSCRIPT

312 **A. C. de Oliveira**, B. H. Vilsinski, E. G. Bonafé, J. P. Monteiro, M. J. Kipper, **A. F.**
313 **Martins**. Chitosan content modulates durability and structural homogeneity of
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317 **A. C. de Oliveira**, R. M. Sabino, E. C. Muniz, K. C. Popat, M. J. Kipper, **A. F.**
318 **Martins**. Chitosan/gellan gum ratio content is modulated to enhance the scaffolding
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322 PATENT DEPOSIT

323 **A. C. de Oliveira**, B. H. Vilsinski, B. Medina, **A. F. Martins**. Processo para a
324 fabricação de hidrogéis de quitosana e goma gelana e aplicações potenciais
325 (Número de Registro: BR10201801432), **2018**.

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386 CHAPTER 1: REVISION FROM THE LITERATURE

387

388 1.1. INTRODUCTION

389

390 Hydrogels are polymeric matrices which have potential applications in tissue
391 engineering, agriculture, medicine, and pharmacy fields due to their high capacities
392 to absorb water and biological fluids (**AHMED, 2015; CALÓ; KHUTORYANSKIY,**
393 **2015; HOFFMAN, 2002; SHUKLA et al., 2016**). However, to be applied, hydrogels
394 must be stable in aqueous systems, i.e., they must maintain their structures when
395 used, and depending on the purposes, they often must have low degradation rate in
396 the body (**Martins et al., 2018a, 2018b**). Aiming technological applications, physical
397 hydrogels can be prepared without the use of toxic crosslinking agents and following
398 straightforward production methods (**FACCHI et al., 2018a**).

399 Physical gellan gum-based hydrogels are prepared from aqueous systems at
400 the presence of H_3O^+ or metallic cations. Vilela et al. produced physical microgels of
401 CS/GG by ionotropic gelation using Ca^{2+} or K^+ ions as crosslinking agents (**VILELA**
402 **et al., 2015**). These cations can stabilize the anionic gellan gum (GG) polysaccharide
403 chains by coulombic interactions, promoting formation of physical hydrogels.
404 However, depending on some conditions of preparation, these GG-based hydrogels
405 may quickly exhibit degradation rates and fast dissolution in water and biological
406 fluids, necessitating an additional crosslinking step (**OSMAŁEK; FROELICH;**
407 **TASAREK, 2014**). The additional crosslinking step is required to impart stability and
408 durability to the hydrogel. The H_3O^+ and metallic cations used as physical
409 crosslinking agents of GG chains may increase the cytotoxicity of hydrogels,
410 especially when they are degraded and dissolved (**MARTINS et al., 2015**). However,
411 the degree of cytotoxicity depends on the concentration of the cations used for
412 preparing the hydrogels. Bonifacio et al. (2018), produced stable and cytocompatible
413 GG/manuka honey-based hydrogels (**BONIFACIO et al., 2018a**). These hydrogels
414 were crosslinked with Ca^{2+} cations at 0.025% wt./vol.% and Mg^{2+} 0.50 wt./vol.% in
415 their respective physiological concentrations (**BONIFACIO et al., 2018a**). Manuka
416 honey improved the physicochemical and biological properties of the hydrogels,
417 allowing better mechanical properties (Young's modulus between 102 to 143 kPa

418 depending on the composition of the material) and antimicrobial activity against
419 *Staphylococcus aureus* and *Staphylococcus epidermidis*.

420 Chemical crosslinking agents are often used to provide more stable
421 hydrogels, avoiding the water dissolution process (**GUILHERME et al., 2015**).
422 Common chemical cross-linking agents (epichlorohydrin, glutaraldehyde, and others)
423 may induce cytotoxicity to the hydrogels, as well as decrease the biodegradability of
424 the materials. These effects can reduce the biomedical potential of these materials,
425 especially in the tissue engineering field (**COUTINHO et al., 2012**). Physical
426 hydrogels (commonly called polyelectrolyte complexes, PECs) are formed by mixing
427 polymer solutions, involving polyelectrolytes of opposite charges (**PICONE; CUNHA,**
428 **2013; TENTOR et al., 2017**). The coulombic and intermolecular interactions between
429 polymer chains play an important role in the formation of PECs. Depending on the
430 intensity of these interactions, PECs can be stable and irreversible (**MARTINS et al.,**
431 **2015**). PECs need to be cytocompatible to be applied as bandages (to promote
432 wound healing), as scaffolds in tissue engineering arena and as drug carrier matrices
433 in pharmaceutical purposes (**FACCHI et al., 2017a**). At physiological pH, GG-based
434 physical hydrogels crosslinked with metallic ions can be rapidly dissolved, while
435 chemically crosslinked GG-based hydrogels are not biodegradable (**OSMALEK;**
436 **FROELICH; TASAREK, 2014**).

437 To overcome these complications, we can associate GG with chitosan (CS),
438 aiming to create durable and cytocompatible PECs with low degradation rate in the
439 physiological environment. CS is a cationic polysaccharide, soluble at dilute acid
440 solutions (**RINAUDO, 2006**). Here, CS will replace the conventional and metallic
441 crosslinking agents used to produce physical GG hydrogels. Depending on the
442 developed methodology, CS/GG PECs can occur without typical precipitation of
443 oppositely charged polyelectrolytes in solution (**MARTINS et al., 2018a, 2018c**). The
444 formation of PECs by precipitating of polyelectrolytes in solution is a straightforward
445 way to obtain physical hydrogels (**MARTINS et al., 2015**). However, the precipitation
446 process often promotes formation of PECs with heterogeneous and brittle structures
447 (**FACCHI et al., 2017a**). Aiming development of scaffold-based materials, these
448 properties must be avoided because PECs must have structural homogeneity with
449 interconnected pores networks to mimic the extracellular membrane matrix (ECM)
450 functions and, then act as scaffold devices (**BOMBALDI DE SOUZA et al., 2018**).

451 Kumar et al. prepared CS/GG nanoparticles by precipitating, using CS/GG
452 systems with total polymer concentrations ranging from 0.01 to 0.05% wt./vol.%
453 **(KUMAR et al., 2016)**. A current review paper based on GG blends, addressed a
454 brief section on the production of CS/GG PECs and their potential applications **(ZIA**
455 **et al., 2018)**. In general, these PECs are prepared from the precipitation of oppositely
456 charged polyelectrolytes in aqueous solution, i.e., anionic GG and cationic CS can
457 mainly be assembled by electrostatic interactions of their ionized $-\text{COO}^-$ and $-\text{NH}_3^+$
458 groups to form PECs **(AMIN; PANHUIS, 2011)**.

459 Therefore, this work has proposed a new and straightforward method to
460 create durable, and cytocompatible CS/GG hydrogel scaffolds without chemical and
461 metallic crosslinking agents. PECs were formed using different CS/GG weight ratios
462 (wt./wt.%), blending CS and GG solutions at 60°C. It was demonstrated the
463 production of thermosensitive PECs (avoiding precipitation) with homogeneous
464 structures, high porosities and low degradation rates in phosphate buffer solution
465 (PBS, pH 7.4) and simulated gastric fluid (SGF, pH 1.2). These properties are
466 essential for the development of scaffolds **(AMIN; PANHUIS, 2011)** The sol-gel
467 transition temperatures and the times required to achieve the gelation of the samples
468 were also evaluated. Assays of cytotoxicity, cell adhesion, and proliferation were
469 investigated, as well.

470

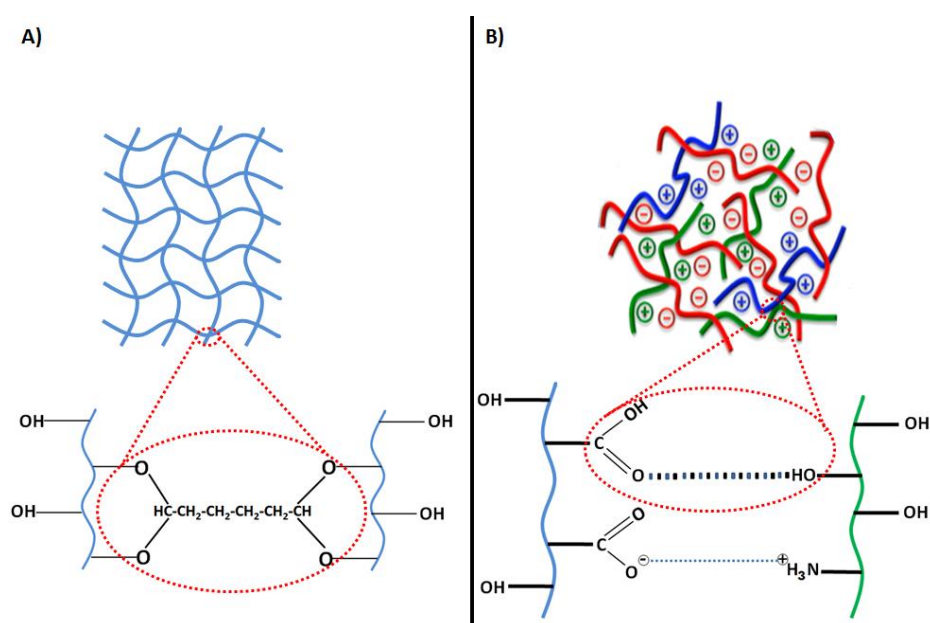
471 1.2. HYDROGELS

472

473 Hydrogels are three-dimensional polymer networks composed of hydrophilic
474 moieties **(FERNÁNDEZ-FERREIRO et al., 2015; WANG; WEN; BAI, 2016)**.
475 Hydrogels have great capacities to absorb biological fluids and water, resembling
476 living tissues, and they can maintain their three-dimensional structures when applied
477 **(AHMED, 2015; CALÓ; KHUTORYANSKIY, 2015; SHUKLA et al., 2016)**.
478 Polysaccharide-based hydrogels may exhibit cytocompatibility, biodegradability, and
479 response to the changes in external stimuli, such as alterations in temperature, ionic
480 strength, and pH **(KAMOUN; KENAWY; CHEN, 2017)**. These traits have made
481 hydrogels interesting for technological applications, mainly in medicine, pharmacy
482 and tissue engineering fields.

483 Hydrogels can be classified in chemical and physical-based materials.
 484 Chemical hydrogels are formed by the establishment of covalent bonds between
 485 polymer networks and crosslinking agents. Fig. 1A depicts the chemical structure of
 486 poly(vinyl alcohol)-based hydrogel crosslinked with glutaraldehyde, following a
 487 chemical process (**MORE et al., 2010**). Overall, chemical hydrogels have organized
 488 and irreversible structures. This dissertation will focus on physical hydrogels,
 489 commonly called as PECs (**BERGER et al., 2004**). These materials are reversible;
 490 however, this property is related to the association degree between the polymer
 491 chains (**Martins et al., 2018b, 2018a**). In this case, physical hydrogels are formed by
 492 the establishment of secondary-order forces (intermolecular interactions) and first-
 493 order interactions (electrostatic interactions) between polymer chain segments (Fig.
 494 1B) (**INSUA; WILKINSON; FERNANDEZ-TRILLO, 2016**). Recently, our research
 495 group has received attention because we published three papers about durable and
 496 irreversible PECs (**FACCHI et al., 2017b; MARTINS et al., 2018a, 2018b**). These
 497 PECs were applied as scaffold devices on adipose stem cells (**MARTINS et al.,**
 498 **2018a**) and adsorbent materials to treat wastewater (**FACCHI et al., 2017b**).

499



500

501 **Figure 1.** Hypothetical structures of the hydrogels: chemical (A) and physical (B).

502

503 Hydrogels can act as drug carrier matrices and as scaffolds to promote
504 regeneration and repair of organs and tissues **(SAUL; WILLIAMS, 2013)**. In
505 agriculture, they can act as soil conditioners and devices to delivery fertilizers to the
506 soils **(GUILHERME et al., 2015)**. **TENTOR et al., (2017)** developed cytocompatible
507 and thermosensitive pectin/CS scaffolds (PECs) associated with gold nanoparticles.
508 These PECs promoted proliferation of mouse pre-osteoblastic cells (MC3T3-E1
509 cells). **NAAHIDI et al., (2017)** published a review paper depicting hydrogels based on
510 natural (collagen, gelatin, pullulan, and hyaluronic acid) and synthetic polymers
511 (poly(lactic acid), poly(glycolic acid), poly(ethylene oxide), poly(ethylene glycol), and
512 poly(caprolactone)), and their applications as scaffolds onto cartilage, neural, skin,
513 vocal cord, connective tissue, eye, facial, vascular, stem cell, and soft tissues. Also,
514 superabsorbent hydrogels based on polysaccharides (pectin, gums, starch, gum
515 alginate and others) have been used as soil conditioner agents and as nutrient
516 carriers **(GUILHERME et al., 2015)**. Yet, hydrogels are used as adsorbent agents to
517 treat effluents and wastewater, containing dyes and toxic metals **(HUANG et al.,**
518 **2013; MOHAMED; ELELLA; SABAA, 2017)**. Thus, PECs formed by associating of
519 CS and GG can have technological interests, mainly in biomedical field. This study
520 will investigate this fact for the first time.

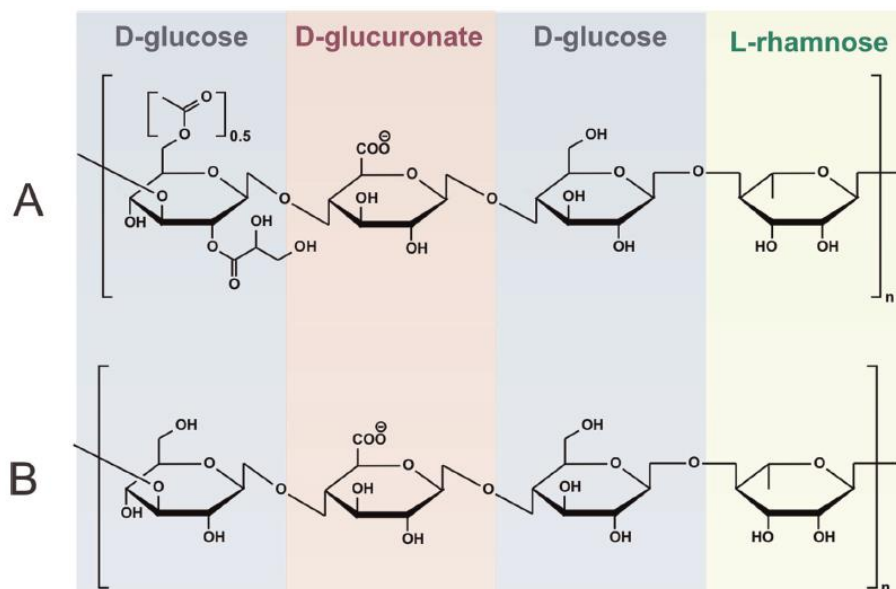
521

522 1.3. GELLAN GUM

523

524 GG is a linear, anionic and water-soluble polysaccharide of high molecular
525 weight, composed of α -L-rhamnose, β -D-glucose and β -D-glucuronate units in the
526 ratio 1:2:1, respectively **(OSMAŁEK; FROELICH; TASAREK, 2014)**. GG is an
527 excellent stabilizing and emulsifying agent; then, it is widely used in the food industry
528 **(PRAJAPATI et al., 2013)**. This polysaccharide was discovered in 1978, and since
529 then, it has been commercialized by CP Kelco Company **(OSMAŁEK; FROELICH;**
530 **TASAREK, 2014)**. GG is obtained through the extracellular secretion of the
531 microorganism *Sphingomonas elodea*, throughout the aerobic fermentation process.
532 In its native form, GG has a high acylation degree; however, the acyl groups can be
533 removed by the alkaline hydrolysis **(AGNIHOTRI; JAWALKAR; AMINABHAVI,**
534 **2006; OSMAŁEK; FROELICH; TASAREK, 2014)**. Therefore, GG can be found in

535 two forms, one partially acetylated containing high acylation level (Fig. 2A) and
 536 another deacetylated of low acylation content (Fig. 2B) (GIAVASIS; HARVEY;
 537 MCNEIL, 2008).



538

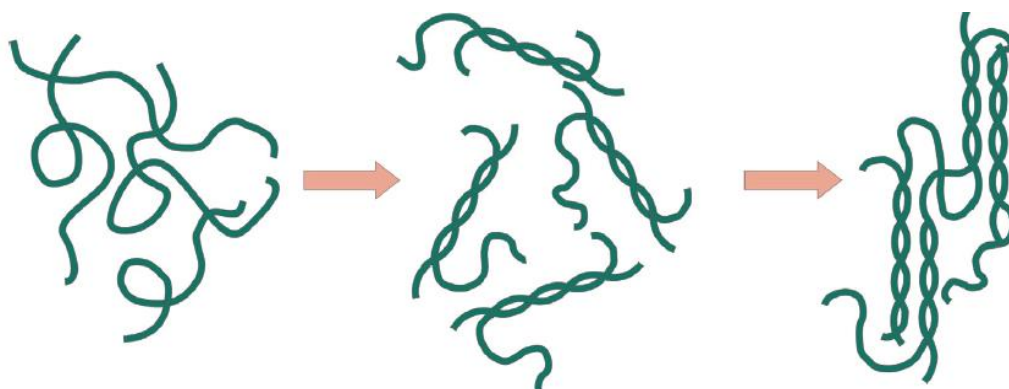
539 **Figure 2.** Chemical structures of the gellan gum: with high (A) and low acylation degree (B)
 540 (OSMAŁEK; FROELICH; TASAREK, 2014).

541 Because of its size, ester groups can difficult the package of GG chains when
 542 aqueous GG solutions are combined with metallic cations. So, the ester sites may
 543 disturb the formation of physical GG hydrogels; however, GG chains with a high
 544 acylation degree are crosslinked at the presence of monovalent, divalent or trivalent
 545 cations (AGNIHOTRI; JAWALKAR; AMINABHAVI, 2006). In this case, a metallic
 546 crosslinked GG-based hydrogel has flexibility and transparency, whereas GG of low
 547 acylation degree yields rigid and opaque hydrogels (GIAVASIS; HARVEY; MCNEIL,
 548 2008). GG can also be associated with cationic polysaccharides (such as CS) to
 549 create PECs by precipitation (NUNES et al., 2017a; ZHANG et al., 2018).

550 In aqueous solution at temperature conditions ranging from 60 to 90°C, GG
 551 chains are ionized, allowing aleatory configurations (Fig. 3; left panel). In this way,
 552 the ionization of -COOH sites (pK_a 3.5) generates electrostatic repulsion between the
 553 GG chains, preventing the formation of double helices (even at the presence of
 554 cations), responsible for the gelation process (Coronato, 2010). At low temperatures,
 555 the gelation of GG is favored by changing the ionic strength (presence of metallic
 556 cations), by altering of pH at range from 3.0 to 5.0, and by increasing GG

557 concentration. At low temperatures (for example at room temperature), the presence
 558 of cations imparts double helices on GG chains due to the stabilization of the ionized
 559 -COO^- groups (Fig. 3; right panel) (**Coronato, 2010**). Thus, when GG/cations
 560 mixtures are cooled, reversible double helix configurations take place, forming
 561 ordered states, and leading to the gelation of the GG chains (Fig. 3; right panels).

562



563

564 **Figure 3.** GG chains in aqueous solution at high temperature (range from 60 to 90°C) conditions (left
 565 panel). Cooling process of GG chains in aqueous solutions containing metallic cations and
 566 establishment of double helix configurations (central panel); GG chains entirely crosslinked at low
 567 temperature (right panel) (**OSMAŁEK; FROELICH; TASAREK, 2014**).

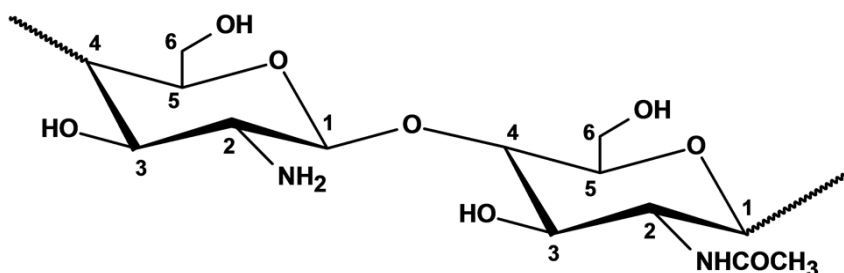
568

569 1.4. CHITOSAN

570

571 CS is a linear, cationic polysaccharide, composed of D-glucosamine and N-
 572 acetyl-D-glucosamine units, linked by $\beta(1\rightarrow4)$ glycosidic linkages (**AMIN; PANHUIS,**
 573 **2011; VILELA et al., 2015**). CS is mainly obtained from the alkaline deacetylation of
 574 chitin, which is the second most abundant polysaccharide in the planet (**LIU et al.,**
 575 **2014; PICONE; CUNHA, 2013**). The CS is a cationic polysaccharide that has low
 576 solubility in water and is soluble in dilute acid solutions due to the protonation of
 577 -NH_2 groups in its structure (**TANG et al., 2012**). Protonation disturbs the CS-CS
 578 intermolecular interactions and provides the establishment of ion-dipole interactions
 579 with water molecules, making CS soluble. This feature enables formation of CS-
 580 based PECs when CS-based solutions are combined with polyanionic

581 polysaccharide solutions, such as pectin, alginate, gums, glycosaminoglycans, and
 582 others (RINAUDO, 2006).



583

584 **Figure 4.** Chemical structure of the chitosan.

585 CS has renowned technological potential (AZEVEDO et al., 2007). The
 586 hydrophilic moieties ($-\text{NH}_2$ and $-\text{OH}$ at C2, C3 and C6 positions, respectively; Fig. 4)
 587 can bind to the toxic metals and dyes to remediate contaminated aqueous systems
 588 (MOURA et al., 2007). Moreover, CS exhibits properties of cytocompatibility,
 589 biodegradability, mucoadhesivity, antimicrobial activity, and others (AMIN; PANHUIS,
 590 2011; FACCHI et al., 2016; HAJJI et al., 2016). Due to these excellent traits, CS
 591 and CS-based materials (hydrogels) are being used in several industrial sectors. CS-
 592 based materials have been applied in agriculture (GUILHERME et al., 2015), as
 593 adsorbents and coagulants materials for environmental purposes (ZEMMOURI et al.,
 594 2012), as films in food industry (BORDERÍAS; SÁNCHEZ-ALONSO; PÉREZ-
 595 MATEOS, 2005), materials for cosmetic industries (products based on exfoliating and
 596 moisturizing creams and toothpaste) (TAVARIA et al., 2013), and as devices for
 597 medical-pharmaceutical arena (supports for dental implants, contact lenses, systems
 598 to promote bone reconstitution and drug carrier matrices) (AZEVEDO et al., 2007;
 599 RINAUDO, 2006).

600

601 1.5. SCAFFOLDS

602

603 Polysaccharide-based scaffolds can play an important role in biomedical
 604 applications because they have similar structures to the ECM (porosity in
 605 interconnected pore networks, hydrophilicity-hydrophobicity balance,
 606 cytocompatibility, and others) (AMIN; PANHUIS, 2011; LIU et al., 2013). The ECM

607 must mediate the cellular interactions with their environment (**FACCHI et al., 2017a**).
608 The ECM provides mechanical support for cell attachment, and signals that control
609 cell proliferation, cell orientation, and maintenance of cell differentiation (**FACCHI et**
610 **al., 2017a**). The ECM thereby modulates so-called “cell fate decisions.” Overall, ECM
611 components are the fibrillar and adhesive proteins, glycosaminoglycans, and
612 proteoglycans (**HEDAYATI et al., 2018**). Proteoglycans are chemical structures
613 composed of glycosaminoglycans covalently bound to proteins (**HEDAYATI et al.,**
614 **2018**).

615 Therefore, scaffolds used for tissue engineering purposes should similarly
616 promote cell adhesion and provide mechanical and chemical cues that can guide cell
617 shape, cell migration, and other important cellular activities. Therefore, we envision
618 developing CS/GG PEC scaffolds for tissue engineering purposes. These PECs will
619 be created following a new methodology, avoiding precipitation of polyelectrolytes in
620 aqueous solution. We will report suitable CS/GG weight ratios for obtaining PEC
621 scaffolds with high stability, cytocompatibility, and ability to support bone stem cell
622 culture.

623 **LIU et al., (2013)** associated CS-based fibers with GG hydrogels, in which
624 improvement in their properties, as a storage modulus, which is 4.6 times higher
625 between hydrogel from chitosan fibers and gellan gum when compared to gellan
626 hydrogel only was observed. Through this improvement, these hydrogels have
627 potential to be used as scaffolds, thus obtaining the stability required for such
628 application. (**LIU et al., 2013**). **MARTINS et al., (2018a)** prepared pectin and chitosan
629 (Pec/CS) PEC membranes. These membranes promoted adhesion, growth, and
630 proliferation of stem cells derived from human adipose tissue (**MARTINS et al.,**
631 **2018a**). **GANTAR et al., (2014)**, developed gellan gum hydrogels reinforced with
632 bioactive nanoparticle glass (GG-BAG) for application in bone tissue engineering.
633 The authors noted that after the addition of BAG, the hydrogel obtained more
634 homogeneous pores and Young's modulus was between 1.9 and 1.2 MPa, in the dry
635 form and in the hydrogel form, consequently. These results are superior to those
636 found with the GG-only hydrogel. This improvement enables the application of this
637 hydrogel as scaffold, making it promising to adhere, grow and proliferate the adipose
638 stem cells (**GANTAR et al., 2014**). **ZHU et al., (2009)**, obtained collagen-chitosan
639 composites and used them as scaffolds for the proliferation of human adipose tissue-

640 derived stem cells (ADSC). The authors have achieved with this polymer, porosity,
641 bibulous capacity, biodegradation and cytocompatibility with ADSCs, thus having
642 adhesion, proliferation, and differentiation of these cells (ZHU et al., 2009).

643

644 CHAPTER 2: CHITOSAN CONTENT MODULATES DURABILITY AND 645 STRUCTURAL HOMOGENEITY OF CHITOSAN-GELLAN GUM ASSEMBLIES

646

647

Abstract

648 Here we report a new and straightforward method to yield durable polyelectrolyte
649 complexes (hydrogel PECs) from gellan gum (GG) and chitosan (CS) assemblies,
650 without metallic and covalent crosslinking agents, commonly used to produce GG
651 and CS-based hydrogels, respectively. This new approach overcomes challenges of
652 obtaining stable and durable GG-based hydrogels with structural homogeneity,
653 avoiding precipitation and aqueous instability, typical of PEC-based materials. PECs
654 are created by blending CS:GG solutions (at 60°C) with GG:CS weight ratios
655 between 80:20 to 40:60. X-ray photoelectron spectroscopy (XPS) analysis shows
656 that CS-GG chains are interacting by electrostatic and intermolecular forces,
657 conferring a high degree of association to the neutralized PECs, characteristic of self-
658 assembling of polymer chains. The CS:GG weight ratio can be tuned to improve
659 polyelectrolyte complex (PEC) high porosity, stability, porous homogeneity, and
660 degradation rate. Physical and thermosensitive CS/GG-based hydrogels can have
661 advantages over conventional materials produced by chemical processes.

662 **Keywords:** Polyelectrolyte Complex, Hydrogel, Self-assembling, Durability

663

664 2.1. INTRODUCTION

665 Physical and thermosensitive GG-based hydrogels can be created by
666 addition of metal cations (potassium, calcium, aluminum, and others), and cooling of
667 the GG-cation solutions (PRAJAPATI et al., 2013). At lower temperatures, the
668 polymer conformation of GG is altered because of a coil-to-double helix transition.

669 Monovalent or polyvalent cations can stabilize this conformation by electrostatic
670 interactions (**SALUNKE; PATIL, 2016**). In the absence of these cations,
671 deacetylated GG-based hydrogels are also created by the reduction of pH (**DE**
672 **SOUZA et al., 2016**).

673 Chemical crosslinking agents are also used to provide water-stable
674 polysaccharide-based hydrogels (**GUILHERME et al., 2015**). As an alternative to
675 chemical and ionic crosslinking, physical hydrogels, commonly referred to as PECs,
676 are created by the establishment of physical interactions (electrostatic and
677 intermolecular interactions), usually between polycation-polyanion polymer pairs in
678 aqueous solutions (**MARTINS et al., 2015**). Aiming toward applications in the
679 biomedical, pharmacy, food industry, agriculture, environmental, and other fields,
680 hydrogels need to be stable at physiological pH with low degradation rates to
681 maintain their structures and in many cases, their three-dimensional porous
682 structures (**FACCHI et al., 2017a**). Therefore, we are intending to create durable GG
683 hydrogels, by associating anionic GG with CS, avoiding conventional crosslinking
684 agents (metallic cations, glutaraldehyde, epichlorohydrin, genipin, and others) to
685 produce polysaccharide-based hydrogels. CS is a well-known cationic
686 polysaccharide with aqueous solubility in dilute acid solutions and because of this, it
687 has been chosen to yield PECs by associating with polyanionic polymers (**FACCHI et**
688 **al., 2017b**).

689 Here, we are proposing a new method to create physical and stable
690 hydrogels based on CS/GG assemblies, avoiding typical precipitation of PEC-based
691 materials and their aqueous instability. According to a review paper, physical CS/GG
692 PECs have not received significant attention yet (**LUO; WANG, 2014**). Another
693 current review paper based on GG blend studies related a brief section concerning
694 the production of CS/GG PECs and their applications (**ZIA et al., 2018**). Overall,
695 these PECs have been prepared from precipitation of oppositely charged
696 polyelectrolytes in aqueous solution.

697 This study has proposed a way to create stable CS/GG PECs free of
698 precipitation. PECs are produced from different CS:GG weight ratios, blending
699 CS/GG solutions at 60°C. We demonstrate production of stable PECs with
700 thermosensitivity, porosity, water stability, self-assembling, structural homogeneity,

701 and slow degradation behavior in phosphate buffer solution (PBS, pH 7.4) and
702 simulated gastric fluid (SGF, pH 1.2). These properties are achieved over a range of
703 CS:GG weight ratio in the final blend composition. The physicochemical properties of
704 these materials, including sol-gel temperature and gelation time are also reported
705 here.

706 2.2. MATERIALS AND METHODS

707 2.2.1. Materials

708 KELCOGEL[®] gellan gum (an anionic exopolysaccharide) of low acyl degree
709 and molar weight between 2.0 to 3.0×10^5 g mol⁻¹ (**PRAJAPATI et al., 2013**). was
710 graciously donated by CP Kelco Co., Limeira-SP, Brazil. Chitosan (CS) with
711 deacetylation degree equal to 85% and average molar weight of 87×10^3 g mol⁻¹ was
712 purchased from Golden-Shell Biochemical (China) (**FACCHI et al., 2018b**).

713 2.2.2. Hydrogel preparation

714 Aqueous solutions of CS and GG (1.0 wt.%/vol.%) were individually prepared
715 by dissolving the polysaccharides at 60°C for 10 min. CS solution was prepared in
716 dilute aqueous HCl solution (pH \approx 1.0), while GG solution was prepared in deionized
717 water (pH \approx 6.0). CS/GG hydrogels were created in different CS:GG weight ratios (at a
718 whole polymer content of 1.0 mg mL⁻¹), by blending CS and GG solution aliquots
719 from their previously established solutions (Table 1). For obtaining PECs, aliquots of
720 the GG-solution (1.0 wt.%/vol.% at 60°C) are slowly dropped into suitable aliquots of
721 the CS-solution (1.0 wt.%/vol.% at 60°C) (Table 1). After dropping, the system is
722 maintained under magnetic stirring for 5.0 min, to form homogeneous CS/GG
723 solutions (Fig. 1). Then, flasks (10 mL) containing CS/GG blends (6.0 mL) were
724 conditioned in a water bath at 25°C for 2.0 h to promote the physical crosslinking
725 (Fig. 1). Thermosensitive hydrogels were removed from the flasks and soaked in 50
726 mL deionized water under gentle magnetic stirring. An aqueous NaOH solution
727 (0.010 mol L⁻¹) was slowly dropped into the system to raise the pH to at least 5.8.
728 After neutralization, all samples were frozen and lyophilized (-50°C for 72 h). Also,
729 after production and before neutralization, the as-obtained PECs were frozen and
730 lyophilized to yield unneutralized hydrogels.

731 **Table 1.** Experimental conditions used to create CS/GG PECs and results of acquisition, and
 732 disintegration during neutralization step.

Samples	CS (mL:g)	GG (mL:g)	CS:GG weight ratio	Acquisition	Disintegration ^a
CS/GG(90-10)	5.4:0.054	0.6:0.006	90:10	No	-
CS/GG(80-20)	4.8:0.048	1.2:0.012	80:20	Yes	No
CS/GG(70-30)	4.2:0.042	1.8:0.018	70:30	Yes	No
CS/GG(60-40)	3.6:0.036	2.4:0.024	60:40	Yes	No
CS/GG(50-50)	3.0:0.030	3.0:0.030	50:50	Yes	No
CS/GG(40-60)	2.4:0.024	3.6:0.036	40:60	Yes	Yes
CS/GG(35-65)	2.1:0.021	3.9:0.039	35:65	No	-

733 ^aSamples that disintegrated but did not dissolve during the neutralization step. The hydrogel is
 734 obtained but without a regular structure.

735

736 2.2.3. Final CS:GG ratios in the hydrogel compositions

737 The same procedure adopted by Martins et al. (**MARTINS et al., 2018b**) was
 738 used to determine the yield of complexation between CS and GG. Supernatants (~50
 739 mL) obtained during the neutralization/washing step were kept in an ultrasound bath
 740 for 10 min (25°C) to disperse remaining CS/GG PEC particles and uncomplexed
 741 polymers released throughout the washing. Supernatant aliquots (15 mL) were
 742 removed, frozen and lyophilized (-50°C for 48 h). The mass of the solid material,
 743 comprising both GG and CS was measured from the lyophilized supernatants. The
 744 yield of complexation (%) was identified by difference from the lyophilized mass of
 745 solid compared to the whole polymer weight (0.30 g) used to create PECs in Table 1.
 746 For each composition, this measurement was performed in duplicate.

747 2.2.4. Hydrogel properties

748 2.2.4.1. Thermosensitive

749 The sol-gel temperatures and necessary times to achieve the gel state were
 750 determined by tilting method (**TENTOR et al., 2017**). This approach was chosen
 751 because the CS/GG hydrogels do not present thermal reversibility. The tilt method
 752 involves tilting flasks containing CS/GG solution; the temperature at which the
 753 CS/GG solution no longer flows is taken as the gelation temperature. Sealed flasks of
 754 10 mL containing CS/GG-solutions (6.0 mL at 60°C) previously reported in Section
 755 2.2.3 were put into a glass reactor coupled to a thermostated bath at 60°C. The

756 temperature of the reactor was measured by a digital thermometer (model ITTH-
 757 1400). The bath temperature was adjusted to 58°C, and then continuously reduced at
 758 a rate of 2°C every 30 min, until gelation was reached. It is estimated that the gel
 759 state is the temperature at which each CS/GG suspension no longer flows after tilting
 760 the vial (tilting method). Also, the necessary time to achieve the gel point is
 761 assessed, soaking flasks containing CS/GG blends (6.0 mL) at 60°C in a water bath
 762 at 25°C. The time at which CS/GG solution no longer flow is taken as the gelation
 763 time. These processes were repeated twice (n=2).

764 2.2.4.2. In vitro degradation test

765 After washing, wet and neutralized PECs (at equilibrium state) were weighed
 766 (samples of approximately 15×10 mm) to determine their wet weights ($W_{\text{wet-I}}$). The
 767 wet hydrogels were soaked in 50 mL of PBS (pH = 7.4) or SGF (pH = 1.2) and
 768 incubated at 37°C with shaking (100 rpm) (**CHEN et al., 2010**). At desired time
 769 intervals, the samples were removed from the solutions and weighed to measure the
 770 final wet weight ($W_{\text{wet-F}}$). The degradation/dissolution (%) was assessed using the
 771 following Equation

$$772 \quad \left| \text{Degradation (\%)} = \frac{(W_{\text{wet-I}} - W_{\text{wet-F}})}{W_{\text{wet-I}}} \times 100 \quad (1) \right.$$

773 2.2.5. Characterization

774 Surface chemistry of the hydrogels was evaluated using a Phi Electronics
 775 5800 Spectrometer (Chanhassen, MN) (**ROMERO et al., 2015**). The X-ray
 776 photoelectron spectroscopy (XPS) was performed with a monochromatic Al $K\alpha$ X-ray
 777 source ($h\nu = 1486.6$ eV), a hemispherical analyzer, and a multichannel detector.
 778 High-resolution spectra were obtained using a 23.5 eV analyzer pass energy with
 779 0.10 eV steps and an X-ray spot of 800 μm . All spectra were obtained with a
 780 photoelectron take-off angle of 45°. A low-energy electron gun was used for charge
 781 neutralization. Spectra curve fitting was done using Origin version 8.5. Curve fitting of
 782 all spectra used a Shirley background. Gaussian peaks were fit according to
 783 expected functional groups. The height of each peak was fit first while keeping each

784 peaks' position, full-width half max (fwhm) and percent Gaussian fixed. Then the
785 fwhm, percent Gaussian, and finally position was fit while minimizing the chi-squared
786 value. The content (%) of C1s, O1s, and N1s was statistically analyzed using ANOVA
787 and Tukey tests at a 5% significance level (using the program GraphPad Prism 6.0),
788 using duplicate XPS spectra (survey) for each sample. This analysis was carried out
789 at Colorado State University (CSU), USA.

790 TGA/DTG analyses were carried out in a thermogravimetric analyzer
791 (Shimadzu, model TGA50, Japan) at a $10^{\circ}\text{C min}^{-1}$ rate, from 25°C to 650°C , under
792 50 mL min^{-1} argon purge. DSC analyses were performed on a calorimeter
793 (Shimadzu, model DSC60 Plus, Japan) operating at the following conditions: heating
794 rate of $10^{\circ}\text{C min}^{-1}$, from 20°C to 290°C , under 50 mL min^{-1} nitrogen purge.

795 The morphology of the hydrogels was investigated through SEM. The
796 samples were sputter-coated with palladium-gold alloy (Polaron SC 7620 Sputter
797 Coater, Quorum Technologies, Newhaven, UK) at a thickness of 20 nm (10-15 mA,
798 under a vacuum of 130 mTorr). The SEM (JSM-6500F, field emission scanning
799 electron microscope, JEOL, Japan) was operated at an accelerating voltage of 10
800 kV, and three to six locations on each sample were imaged. This analysis was
801 carried out at Colorado State University (CSU), USA.

802 2.2.6. Statistical analysis

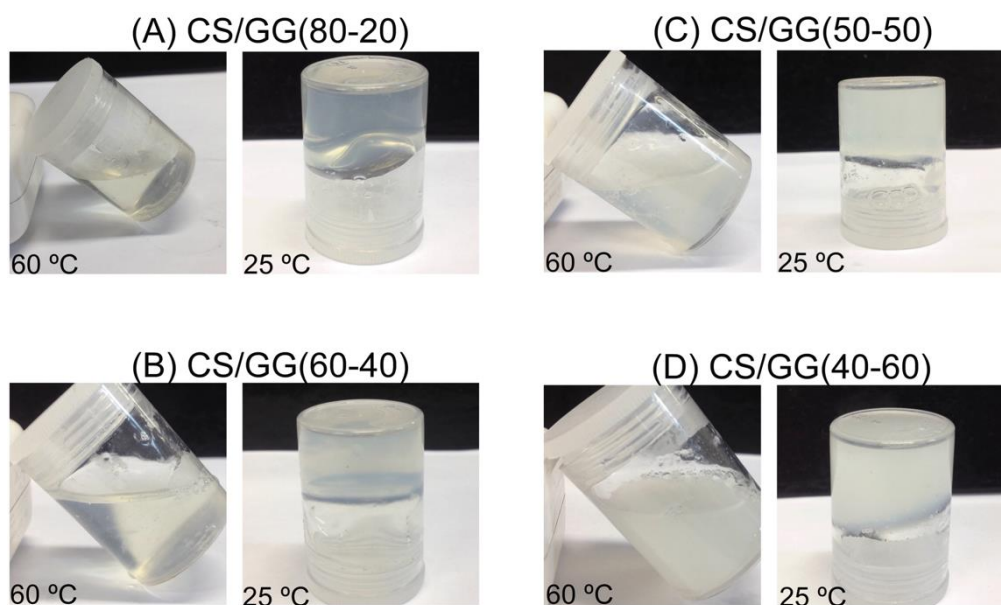
803 The results were statistically analyzed by ANOVA and Tukey tests at a 5%
804 significance level (GraphPad Prism 6.0).

805 2.3. RESULTS

806 2.3.1. Thermosensitivity and yield of complexation

807 CS/GG blends (60°C) were obtained by blending CS solutions (prepared in a
808 dilute 0.10 mol L^{-1} HCl aqueous solution at 60°C) with GG solutions (prepared in
809 deionized water at 60°C). When prepared under these conditions, CS/GG blends are
810 homogenous, and hydrogel PECs are acquired after cooling of CS/GG solutions (Fig.
811 5). GG chain segments can stabilize charged CS macromolecules, establishing
812 electrostatic interactions between $-\text{COO}^{-}$ and $-\text{NH}_3^{+}$ sites on GG and CS networks,

813 respectively. Furthermore, the acid condition in the CS-solution (pH 1.0) can also
 814 further stabilize the GG double helix conformation (DE SOUZA et al., 2016),
 815 imparting a high degree of intramolecular association between polymer backbones.



816

817 **Figure 5.** Digital images of the CS/GG blends at 60 °C and CS/GG PECs at 25 °C (unneutralized
 818 samples).

819 Increasing GG content in the blend results in more opaque hydrogels (Fig.
 820 1D). Hydrogels are obtained at compositions ranging from 80:20 to 40:60 (CS:GG).
 821 PECs are not formed at 90:10 CS:GG weight ratio because of the low GG
 822 concentration and few negative charges. Similarly, at the 35:65 CS:GG weight ratio
 823 the GG excess increases the negative charge density in the blend. To better
 824 understand these composition limits, XPS analysis yielding information about the
 825 ammonium/carboxylate ratios was performed. GG-solutions were prepared at pH 6.0
 826 (deionized water), resulting in complete ionization of the GG macromolecules (pK_a
 827 3.5) (OSMALEK; FROELICH; TASAREK, 2014). Therefore, mixing CS and GG
 828 solutions at 80:20 to 40:60 CS:GG weight ratio range led to the formation of stable
 829 PECs (Fig. 5). To our knowledge, this is the first report of CS/GG hydrogel PECs
 830 prepared by combining CS and GG solutions, without precipitation and addition of
 831 exogenous cross-linking chemistries or metal ions.

832 The sol-gel temperature, as well as the time to achieve the sol-gel phase
 833 transition, were determined using the tilting method (Table 2). According to the

834 literature, temperatures of sol-gel phase transition assessed from the tilting method
 835 are in good agreement (within 1.0°C) with those provided by a more accurate
 836 rheological apparatus (**TENTOR et al., 2017**). After gelation, all CS/GG hydrogels did
 837 not display thermo-reversibility behavior, i.e., CS/GG blend solutions were not
 838 obtained upon soaking flasks containing CS/GG PECs in a water bath at 60°C. This
 839 indicates a very high thermal stability of the hydrogels. The temperature of sol-gel
 840 transition occurs in the 48-52°C range and gelation time is between 1.3-1.5 minutes
 841 (Table 2).

842 **Table 2.** Properties of the hydrogel PECs: necessary temperature and time to achieve the sol-gel
 843 phase transition and yield of complexation.

Samples	Sol-gel temperature (°C)	Time (min)	Yield (%)
CS/GG(80-20)	48±1	1.4±0.1	98±1
CS/GG(70-30)	51±1	1.5±0.1	99±1
CS/GG(60-40)	48±1	1.4±0.1	100±1
CS/GG(50-50)	49±1	1.3±0.1	99±1
CS/GG(40-60)	52±1	1.4±0.1	99±1

844

845 For all of the compositions that formed gels, the gelation temperature and
 846 gelation time are not strong functions of the composition. All of these compositions
 847 achieve association between CS and GG macromolecules. The acidic condition of
 848 the CS-solution promotes stability of the GG double helices, imparting stability to the
 849 gel state, and resulting in high gelation temperatures and low times to reach the sol-
 850 gel phase transition compared to other reports of GG-based hydrogels. The sol-gel
 851 temperature transition of GG-based hydrogels crosslinked by metallic cations
 852 mainly depends on the concentration and valency of the crosslinking agent. Divalent
 853 cations impart higher stability to GG-based hydrogels than monovalent cations
 854 (**KIRCHMAJER et al., 2014**).

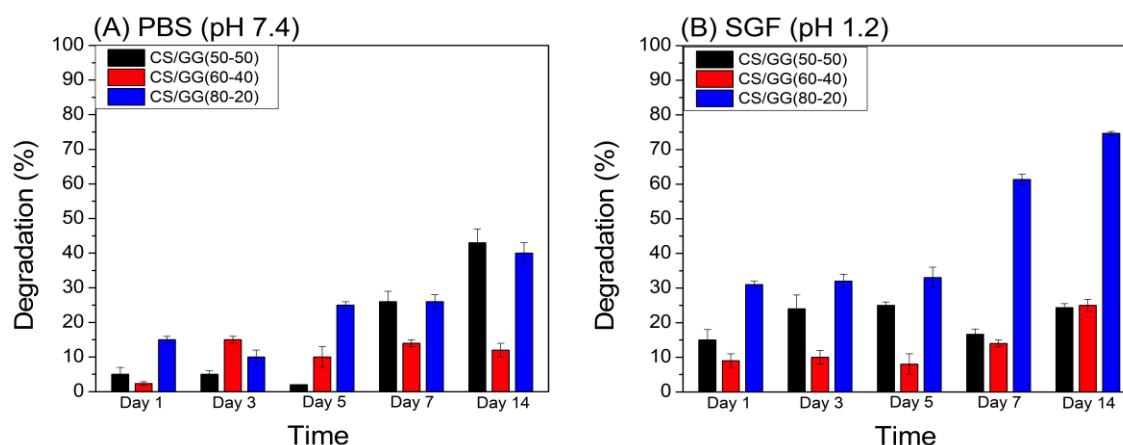
855 The sol-gel phase transition of a GG-Na⁺-based hydrogel crosslinked by Na⁺
 856 ions at 100 mmol L⁻¹ was achieved at 46°C. GG-Ca²⁺ hydrogel crosslinked with 5.0
 857 mmol L⁻¹ Ca²⁺ solution displayed so-gel phase transition at 37°C, whereas a GG

858 hydrogel free of metallic crosslinking agents exhibited sol-gel phase transition at
859 30°C (**KIRCHMAJER et al., 2014**). GG/poloxamer hydrogels were formed in
860 physiological medium (**DEWAN et al., 2017**). The temperature of sol-gel transition
861 (determined by tilt method) of the GG/poloxamer hydrogels occurred at 25-32°C
862 range, and depended on the GG:poloxamer blend composition (**KIRCHMAJER et**
863 **al., 2014**). Here, CS/GG hydrogels were imparted with greater thermal stability, and
864 they were produced at high complexation yields (98-100%) (Table 2). These
865 properties were achieved due to the strong association between CS and GG polymer
866 chains. These properties are not found in conventional physical GG-based hydrogels.

867 2.3.2. In vitro degradation

868 The stability of the neutralized and wet hydrogels was determined in PBS
869 and simulated gastric fluid (SGF) for 1, 3, 5, 7 and 14 days at 37°C (Fig. 6). The
870 hydrogel PECs are more stable against degradation in PBS buffer than in SGF.
871 Degradation rates also depend on the CS:GG weight ratio used to create PECs. The
872 CS/GG(60-40) hydrogel had the highest stability in both evaluated media. After 14
873 days, CS/GG(60-40) hydrogel shows degradation of only 12% in PBS and 26% in
874 SGF (Fig. 6). The 60:40 CS:GG condition is the best to promote a stable hydrogel
875 because CS and GG networks should efficiently interact, imparting strong association
876 between their chains.

877 Hydrogels created from the 80:20 and 50:50 CS:GG weight ratios (samples
878 CS/GG(80-20) and CS/GG(50-50)) do not exhibit high water stability. In PBS, the
879 CS/GG(80-20) exhibited weight losses of 25% and 40% after 5 and 14
880 days, respectively (Fig. 6). At the same experimental conditions, CS/GG(50-50)
881 hydrogel had weight losses of 2% and 43% after 5 days and 14 days, respectively. In
882 SGF, CS/GG(80-20) PEC degraded 33% after 5 days and 75% after 14 days,
883 whereas in the same period, CS/GG(50-50) hydrogel degraded approximately 24%
884 between 5 days and 14 days of study.



885

886 **Figure 6.** Results of degradation determined in PBS and SGF media at 37°C.

887

888 In SGF (pH 1.2), the CS/GG(80-20) hydrogel containing a CS excess has
 889 lower stability because CS macromolecules are protonated, imparting solubility and
 890 consequently hydrogel degradation/dissolution. All hydrogel samples were
 891 neutralized to at least pH 5.8 prior to the degradation experiments. Increasing the pH
 892 from 5.8 (neutralized PECs) to 7.4 (PBS) decreases the degradation rate likely
 893 because CS has a reduced charge density ($pK_a \approx 6.5$) as the pH is increased from pH
 894 5.8 to 7.4 and becomes insoluble. However, for hydrogels with increased GG content
 895 (50:50), the increased negative charge density in the hydrogel matrices imparts low
 896 water stability. This explains the lower stability of the CS/GG(50-50) hydrogel in PBS
 897 after 14 days (Fig. 6A). Also, during neutralization, the CS/GG(40-60) hydrogel can
 898 lose its structure (without dissolving, Table 1) due to the slow pH alteration, and the
 899 consequent rise of negative charge density on GG chains. Considering the
 900 degradation assays performed with the wet hydrogels, CS/GG assembly should be
 901 yielded at 60:40 CS:GG weight ratio to minimize the weight loss during the
 902 degradation test (**FACCHI et al., 2017a**).

903

904 On the other hand, comparing these results with degradation findings for
 905 other physical GG-based hydrogels, CS/GG PECs display high water stability.
 906 Concentrated aqueous GG-solution (2.0 wt.%) provided a hydrogel in PBS buffer
 907 with degradation percentage of 30% after only 4 h (**YU; KAONIS; CHEN, 2017**). A
 908 hydrogel-based on GG/poloxamer prepared at 0.30 wt.% GG and 18 wt.% poloxamer
 content showed fast degradation, reaching 47% in an artificial tear fluid after only 7 h

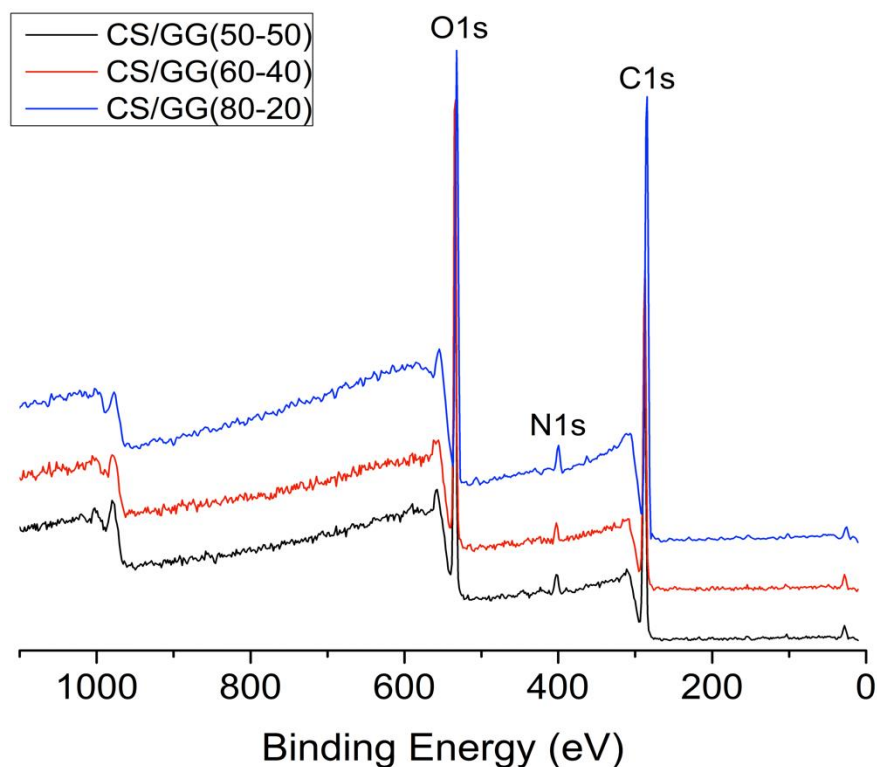
909 **(DEWAN et al., 2017)**. These other GG-based hydrogels exhibit much lower water
910 stability than the hydrogels reported here. Consequently, researchers have proposed
911 an additional chemical crosslinking of GG chains to stabilize the hydrogel structures
912 to make them suitable for long-term biological applications **(FACCHI et al., 2017a;**
913 **OSMAŁEK; FROELICH; TASAREK, 2014)**.

914 Physical CS-based hydrogels can also exhibit water stability depending on
915 the adopted experimental procedure. CS-pectin PEC membranes prepared in an
916 aqueous 0.10 mol L⁻¹ HCl also presented high water stability during 14 days in PBS
917 **(MARTINS et al., 2018b)**. Here, we present physical and stable CS/GG hydrogels
918 prepared without chemical crosslinking, using a straightforward experimental
919 procedure, and avoiding aqueous instability of oppositely charged polyelectrolyte
920 mixtures.

921 2.3.3. Characterization

922 2.3.3.1. X-ray photoelectron spectroscopy

923 XPS was used to analyze the chemical composition of cross-sections of the
924 dried PECs, obtained by fracturing. The results are interpreted, considering that all
925 neutralized hydrogel samples imparted homogeneous structures. The chemistry of
926 the PEC cross-sections was characterized using survey and high-resolution XPS
927 spectra (Figs. 7). All XPS spectra show presence of O1s (534 eV), N1s (401 eV) and
928 C1s (287 eV) (Fig. 7). The atomic contents of O1s, N1s, and C1s are presented in
929 Table 3. The occurrence of nitrogen in XPS spectra confirms CS in the PEC
930 structures. The oxygen content was increased at lower CS:GG ratios because GG
931 includes carboxylic acid sites in its structure. Of note is that the N1s peak is more
932 intense in CS/GG(80-20) XPS spectrum, imparting N1s content of 2.7% (Table 3).
933 The content (%) of C1s, O1s, and N1s in CS/GG(80-20) is significantly different ($p \leq$
934 0.05) compared to the other samples because of the highest CS:GG weight ratio
935 (Table 3).



936

937 **Figure 7.** Survey XPS spectra of the neutralized PECs.

938

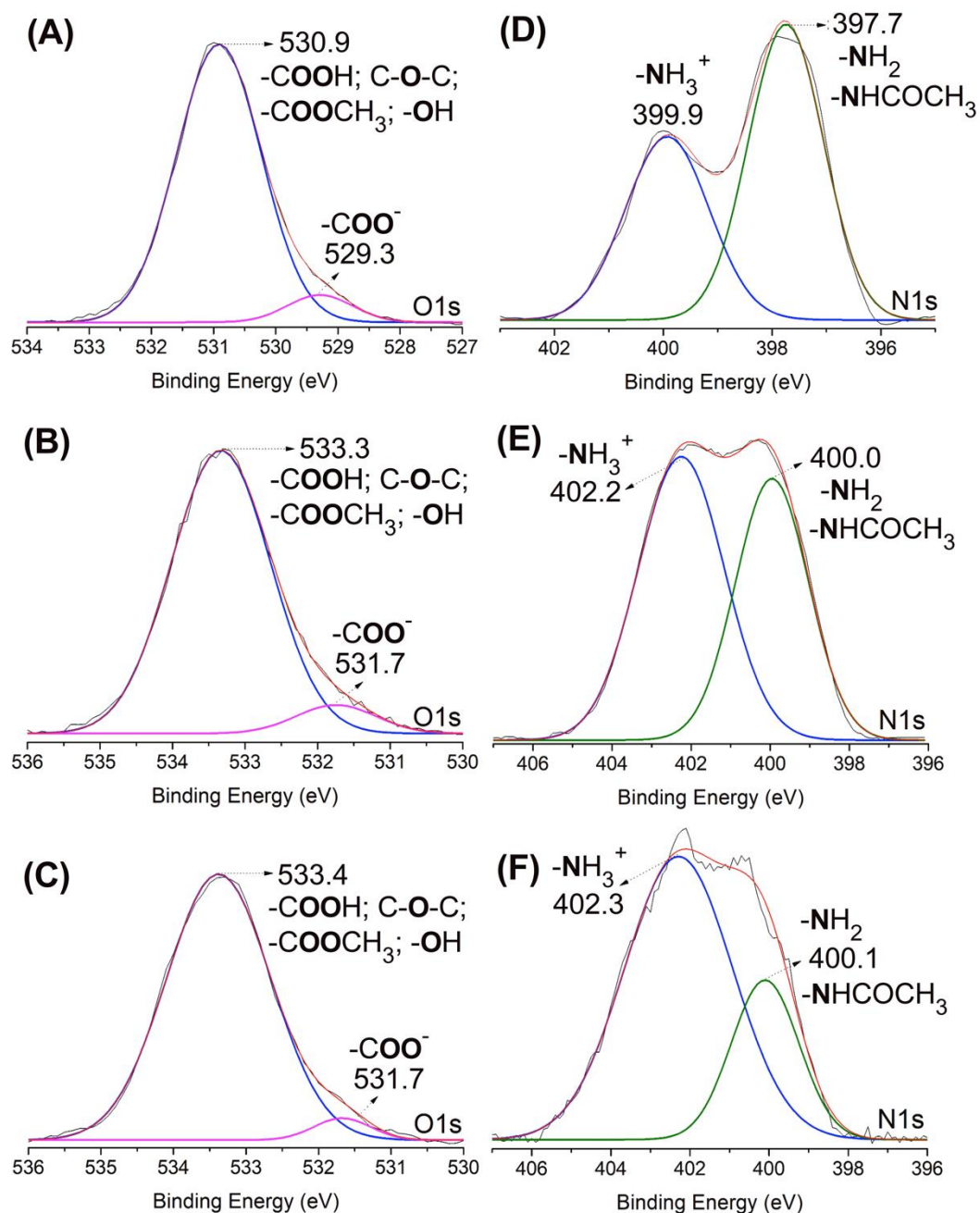
939 **Table 3.** Chemical composition of the hydrogels obtained from XPS analysis.

Samples	$-\text{NH}_3^+$ (%) ^a	$-\text{COO}^-$ (%) ^b	$-\text{COO}^-/-\text{NH}_3^+$	O1s(%) ^c	N1s(%) ^c	C1s(%) ^c
CS/GG(50-50)	74	4.3	3.1	40.0±0.2	1.9±0.3	62.1±0.1
CS/GG(60-40)	56	7.5	0.98	39.5±0.3	1.9±0.1	62.2±0.3
CS/GG(80-20)	37	5.8	1.0	28.7±0.4****	2.7±0.1*	68.6±0.5****

940 ^aRelative percentages of the NH_3^+ to total N determined from the peak areas in each high-resolution XPS spectrum for N1s.941 ^bRelative percentages of the $-\text{COO}^-$ to total O determined from the peak areas in each high-resolution XPS spectrum for O1s.942 ^cComparing the same elements, the CS/GG(80-20) present a significant difference content (%) of O1s, N1s, and C1s concerning the
943 other PECs (**** is indicating $p \leq 0.0001$ and * is indicating $p \leq 0.05$).

944

945 High-resolution XPS spectra for O1s and N1s envelopes are presented in
946 Fig. 8.



947

948 **Figure 8.** High-resolution XPS spectra (O1s and N1s) determined from cross-sections of the
 949 neutralized hydrogel PECs: (A and D) CS/GG(80-20), (B and E) CS/GG(60-40), (C and F) CS/GG(50-
 950 50).

951 The characteristic chemical groups of the CS and GG macromolecules, such
 952 as $-\text{NH}_3^+$, $-\text{NH}_2$, $-\text{COO}^-$, $-\text{COOH}$, $-\text{COOR}$ ($\text{R} = -\text{CH}_3$ or $-\text{CH}_2\text{-CH}_3$) and $-\text{OH}$, are
 953 identified (Fig. 8). The electrostatic interactions between $-\text{NH}_3^+$ (on CS) and $-\text{COO}^-$
 954 (on GG) sites comprise long-range forces in the neutralized CS/GG hydrogels. Also,
 955 the high level of non-ionized chemical sites ($-\text{OH}$, $-\text{NH}_2$, and $-\text{COOH}$) imparts short-
 956 range forces (intermolecular interactions) between polymer chains. Therefore,

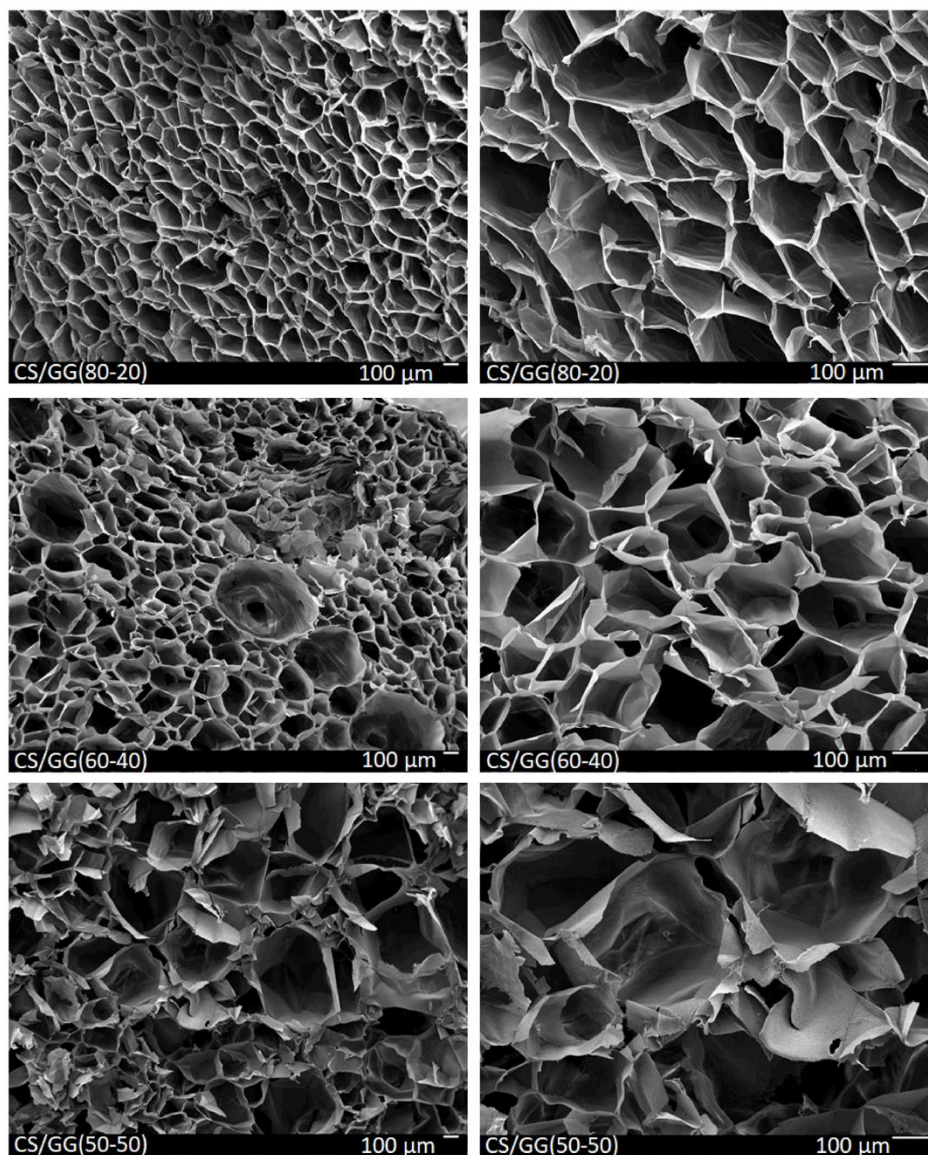
957 neutralized CS/GG hydrogel structures are established by electrostatic interactions
958 between polysaccharide segments and intermolecular forces among polysaccharide
959 networks.

960 The relative percentages of $-\text{NH}_3^+$ and $-\text{COO}^-$ were also determined from
961 the peak areas, using each high-resolution XPS spectrum (Fig. 8). All hydrogels are
962 neutralized at least pH 5.8. This pH condition is much closer to the $-\text{NH}_2$ pK_a value
963 (6.5) than the $-\text{COOH}$ pK_a (3.5). Therefore, slight changes in the pH around 5.8 can
964 significantly alter the $-\text{NH}_3^+$ relative percentage (Table 3). Besides, the $-\text{COO}^-$
965 relative percentages are low and comparable among the samples (Table 3). The
966 H_3O^+ excess of the CS solution should stabilize the double helix transition of GG
967 segments (**DE SOUZA et al., 2016**), diminishing the ionization degree of the GG
968 chains during the neutralization, and reducing the amounts of $-\text{COO}^-$ sites in the
969 PECs (Table 3). However, the relative percentage of $-\text{NH}_3^+$ decreases when the
970 concentration of CS is raised (Table 3). In a high CS concentration, there is
971 insufficient GG to stabilize the CS chains. Therefore, to minimize the repulsion effect
972 in the CS/GG(80-20) the relative amount of NH_3^+ is reduced (Table 3). Free $-\text{NH}_2$
973 sites can establish effective intermolecular interactions (H-bonds) to stabilize the
974 PEC structures.

975 The $-\text{COO}^-/-\text{NH}_3^+$ ratios in the hydrogel matrices were determined from the
976 high-resolution XPS spectra using the peak areas for $-\text{COO}^-$ site at 529-531 eV and
977 $-\text{NH}_3^+$ group at 399-403 eV (Fig. 8 and Table 3). Using the area values, we showed
978 that CS/GG(50-50) displayed the highest $-\text{COO}^-/-\text{NH}_3^+$ ratio (ca. 3.0), while the
979 other samples presented ratios of approximately 1.0. During the neutralization, the
980 self-assembling of polymer chains should minimize the repulsion in the system. The
981 repulsion is diminished when the $-\text{COO}^-/-\text{NH}_3^+$ ratio is close to 1.0. However, the
982 excess of negative charge density in the neutralized CS/GG(50-50) should impart
983 lower stability. This result agrees with the findings of degradation determined in PBS
984 after 14 days. In PBS, the GG chains are fully ionized, increasing the interaction with
985 water molecules and raising the degradation rate. All the XPS peak signals reported
986 in the survey and high-resolution XPS spectra here agree with other published
987 results (**GOVINDARAJ et al., 2017; ROMERO et al., 2015**).

988 2.3.3.2. Scanning electron microscopy and self-assembling property

989 Fig. 9 shows SEM images of the lyophilized and neutralized CS/GG PECs
 990 acquired after purification in water.



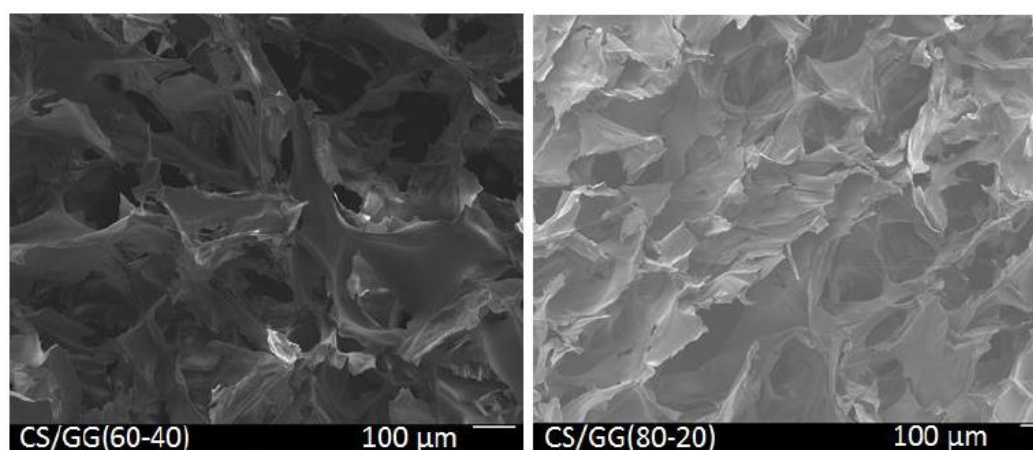
991

992 **Figure 9.** SEM images of the neutralized CS/GG hydrogels.

993 SEM analysis of the unneutralized and neutralized hydrogels (cross-sections
 994 of the dried PECs prepared by fracturing) can explain why $-\text{COO}^-/-\text{NH}_3^+$ ratios
 995 obtained in high-resolution XPS spectra are close to 1.0, even under CS excess
 996 (wt.%) in the CS/GG(80-20) and CS/GG(60-40) structures. The CS/GG(80-20) and
 997 CS/GG(60-40) have homogeneous assemblies with well-defined pores. The

998 neutralization of the samples promotes self-assembling of polymer chains,
999 increasing the homogeneity and porosity.

1000 Fig. 10 shows SEM images of the unneutralized CS/GG(60-40) and
1001 CS/GG(80-20) PECs. These samples showed brittle structures without pores. After
1002 neutralization, the reorganization of polymer chains (self-assembling) leads $-\text{COO}^-/-$
1003 NH_3^+ ratio to 1.0, increasing the stability and homogeneity. On the other hand, the
1004 neutralized CS/GG(50-50) hydrogel comprises a more brittle structure without well-
1005 defined pores (Fig. 9). The $-\text{COO}^-/-\text{NH}_3^+$ ratio is approximately 3.0 in the CS/GG(50-
1006 50) network, imparting a non-homogeneous structure because of the excess of
1007 negative charge density. These results agreed with the XPS and degradation
1008 (performed in PBS) findings.



1009

1010 **Figure 10.** SEM images of unneutralized PECs: CS/GG(60-40) (A) and CS/GG(80-20) (B).

1011 Depending on the CS/GG weight ratio, super-porous materials were created
1012 from CS/GG assembling. This finding also agreed with other results already reported
1013 in the literature. Neutralized CS/chondroitin sulfate PECs prepared at 40/60
1014 CS/chondroitin sulfate weight ratio also displayed stability and a large content of
1015 pores in its structure (FAJARDO et al., 2010; PIAI; RUBIRA; MUNIZ, 2009).

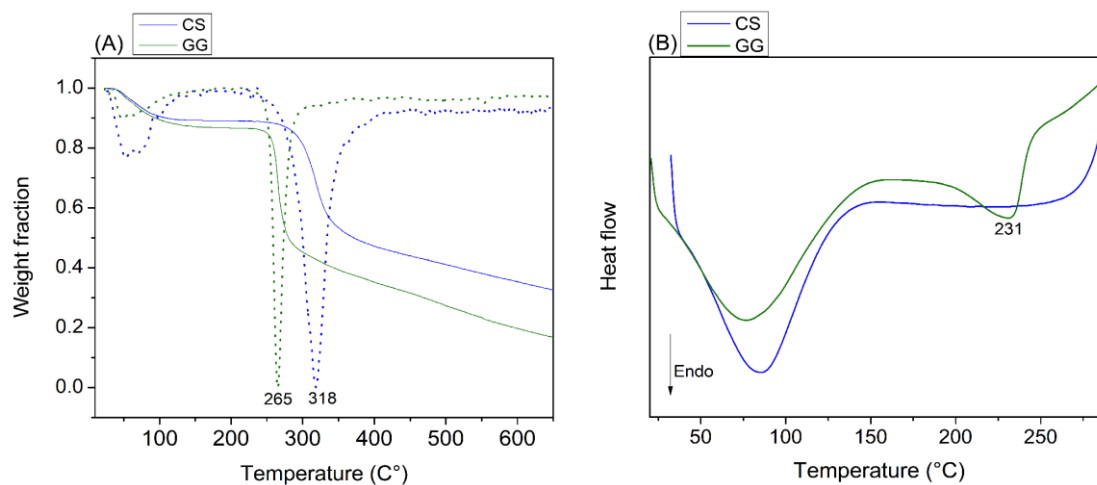
1016

1017 2.3.3.3. Thermal analysis and self-assembling property

1018

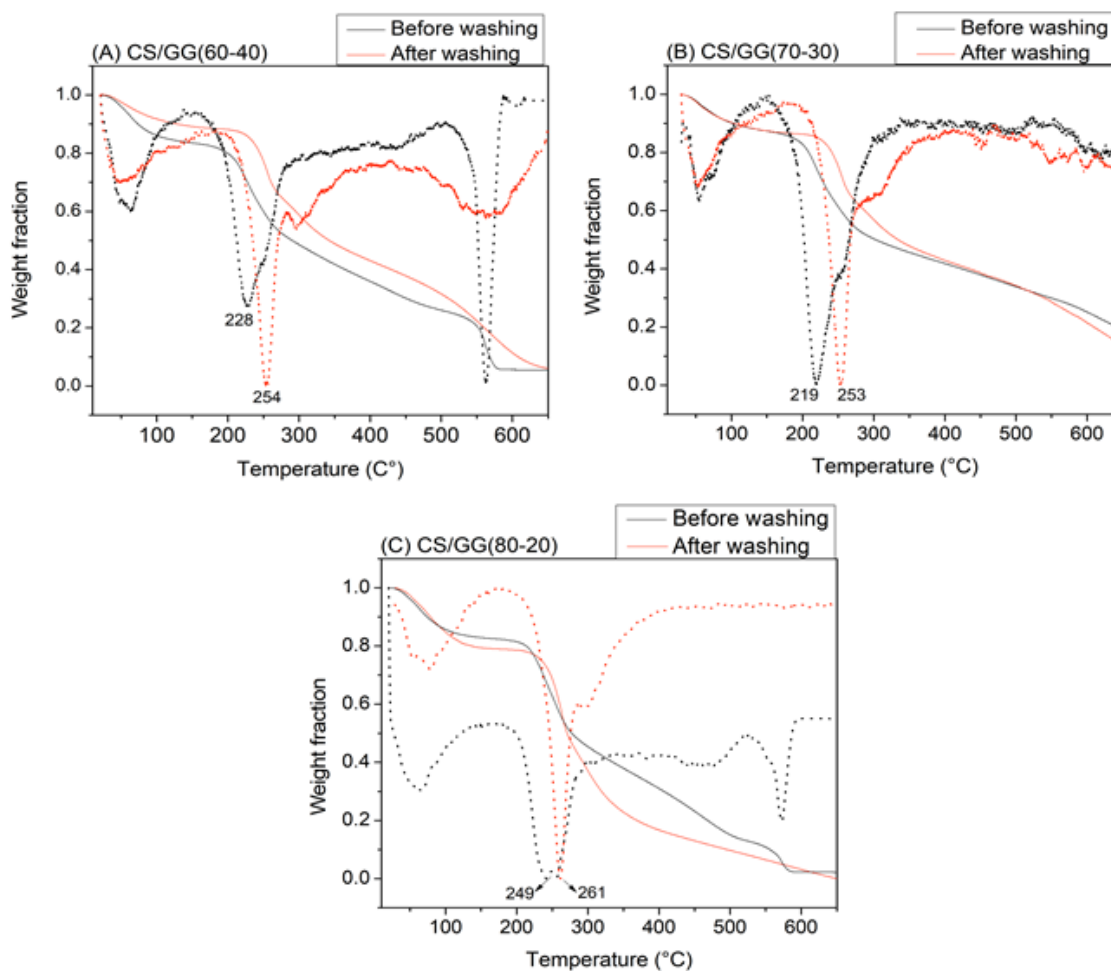
1019 Thermal analysis was used to confirm the self-assembling property among
1020 CS and GG functional groups established after neutralization/washing step. DSC and

1021 TGA/DTG curves of the polymer precursors are presented in Fig. 11, while TGA/DTG
 1022 profiles for the hydrogels are provided in Fig 12.



1023

1024 **Figure 11.** TGA/DTG (A) and DSC (B) curves of the chitosan (CS) and gellan gum (GG).



1025

1026 **Figure 12.** TGA/DTG curves of the neutralized and non-neutralized hydrogel PECs.

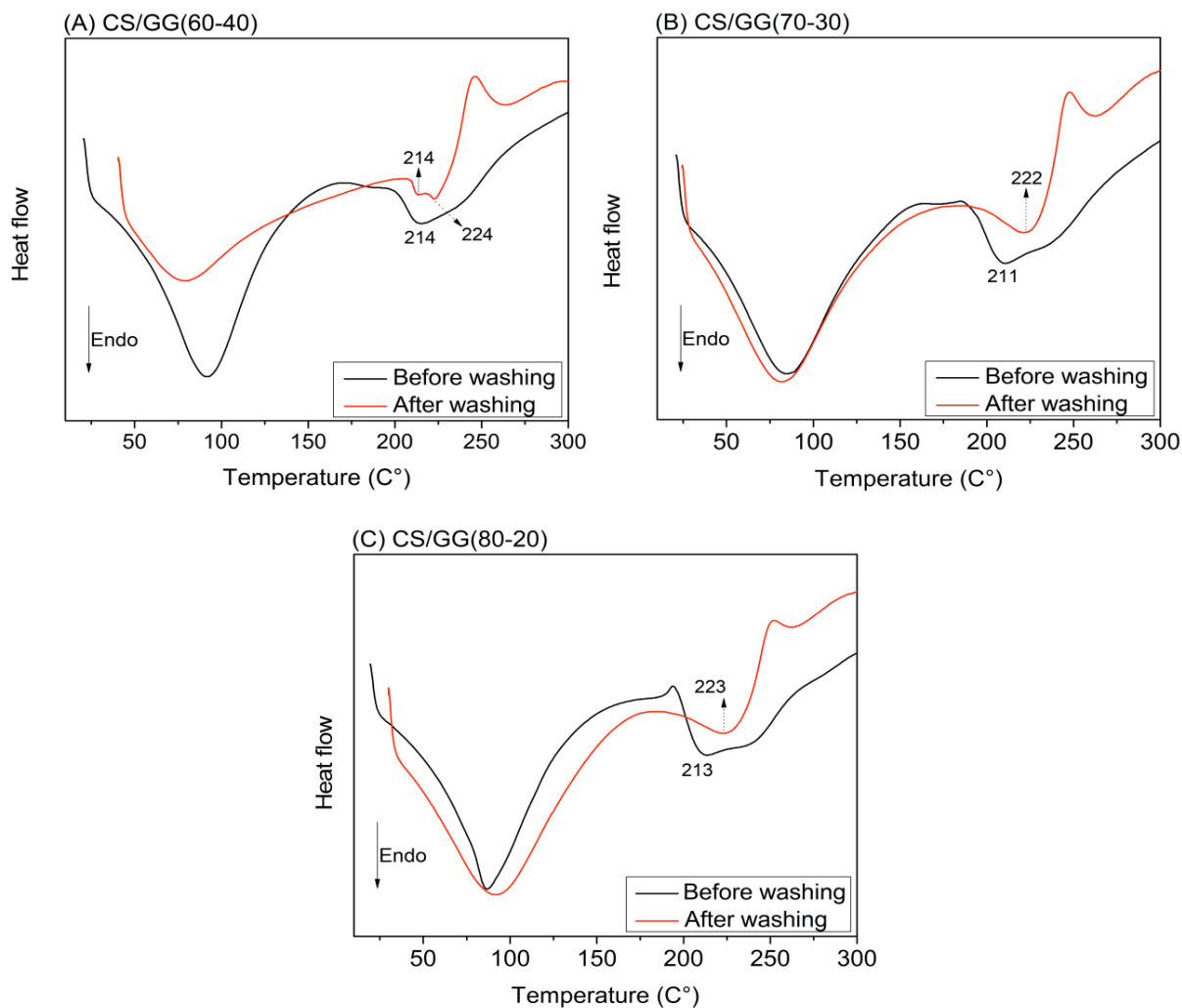
1027 The TGA/DTG curves showed that CS had higher thermal stability than GG
1028 (Fig. 11A). DTG curves of GG and CS showed narrow and acute peaks at 265 and
1029 318°C, respectively (Fig. 11A). The DSC curve of GG showed a broad endothermic
1030 peak at 231 °C, probably related to the melting temperature of semi-crystalline
1031 domains (Fig. 11B).

1032 The TGA/DTG curves of the hydrogels illustrated at least four stages of mass
1033 loss (Fig. 12). The first event, between 50 and 150°C, corresponded to the loss of
1034 water and volatile compounds and represented a loss of mass in the range of 10 to
1035 20%. The PECs showed similar water contents when compared to the pure CS and
1036 GG polysaccharides (Fig. 11A) due to the same storage conditions. The second and
1037 third events occurred between 200 and 400°C and the DTG curves showed inflection
1038 points in the range of 219 to 261°C (Fig. 12). The high temperatures attributed to the
1039 degradation events may be associated with the formation of favorable interactions
1040 between the CS and GG chains, established mainly after neutralization (after
1041 reorganization) of the PECs. In the range of 200 to 400°C, the degradation of the
1042 PECs resulted in approximately 40 to 50% mass loss (Fig. 12). All thermal events in
1043 this range were mainly attributed to pyrolytic decomposition, associated with primary
1044 and secondary decarboxylation of the polymer chains (**GORRASI; BUGATTI;**
1045 **VITTORIA, 2012**). In the range of 500 to 650°C oxidation of by-products occurred.
1046 However, this thermal stage should appear late in some cases (**GORRASI;**
1047 **BUGATTI; VITTORIA, 2012**). Compared to the thermal analysis results presented in
1048 this study, profiles of DSC and TGA/DTG curves of pectin/CS based PECs showed
1049 similar behavior (**MARTINS et al., 2018b**).

1050 The DSC curves of the hydrogels are shown in Figure 13. The DSC curves of
1051 the non-neutralized PECs have wider endothermic peaks occurring in the range of
1052 211 to 214°C, while the DSC profiles of the neutralized PECs exhibit narrower
1053 endothermic peaks in the region of 222 to 224°C (Fig. 13). The temperatures of the
1054 endothermic peaks in the DSC curves of the neutralized PECs were higher with
1055 respect to the endothermic peak temperatures of the DSC curves of the
1056 unneutralized PECs. This indicates that upon neutralization, the polymer chains
1057 interact more efficiently in the neutralized materials. Neutralization promotes
1058 reorganization of the polymer networks due to a gradual change of pH throughout the
1059 neutralization step. Reorganization of polymer chains played a significant role in the

1060 properties of hydrogels. Prior to neutralization, the CS chains were fully protonated
 1061 and, after neutralization, they were partially deprotonated, inducing self-assembling
 1062 of the polymeric chains in the PEC structures.

1063



1064

1065 **Figure 13.** DSC curves of the neutralized and unneutralized hydrogel PECs.

1066

1067 **2.4. CONCLUSIONS**

1068 CS/GG-based PECs can be created following a straightforward procedure
 1069 free of chemical processes and metallic ions as crosslinking agents. CS/GG PECs
 1070 were formed by blending polymer solutions at 60°C, avoiding typical instability of
 1071 polyelectrolytes mixtures, which often lead to precipitates. XPS analysis showed that
 1072 PECs are created by the establishment of electrostatic and intermolecular

1073 interactions between CS and GG chains. Tuning the CS/GG weight ratio we can
1074 develop durable PECs. The most water-stable PECs were obtained at the 60:40
1075 CS:GG weight ratio. PECs were obtained with features of thermosensitivity, super-
1076 porosity, water stability and slow degradation rate in PBS and SGF media. These
1077 properties are imparted after self-assembling of the CS-GG polymer networks,
1078 confirmed by SEM and thermal analysis. All these properties make CS/GG PECs
1079 candidate materials for technological applications (medicine, pharmacy, agriculture,
1080 environmental and other arenas). Some of these potential applications will be
1081 investigated in future chapter.

1082 **CHAPTER 3: CHITOSAN/GELLAN GUM RATIO CONTENT IS MODULATED TO** 1083 **ENHANCE THE SCAFFOLDING CAPACITY OF POLYELECTROLYTE** 1084 **ASSEMBLIES**

1085

1086

Abstract

1087 Here, we have demonstrated the production and characterization of hydrogels based
1088 on chitosan and gellan gum (CS/GG) assemblies, without any covalent and metallic
1089 crosslinking agents, conventionally used to yield non-soluble polysaccharide-based
1090 materials. Hydrogels containing chitosan (CS) excesses (ranging from 60 to 80 wt.%)
1091 are created, and CS/GG weight ratio can be modulated to promote structural
1092 homogeneities, with interconnecting pore networks, durable PEC assemblies with
1093 hydrophilicity-hydrophobicity properties suitable to act as scaffold platforms for cell
1094 culture. A cytocompatible CS/GG hydrogel yielded at 80/20 CS/GG ratio (CS/GG80-
1095 20) supported fixation, growth, and spreading of bone mesenchymal stem cells
1096 (BMSCs) after nine days of culture. This work presents for the first time that CS/GG
1097 hydrogels can be applied for tissue engineering purposes.

1098 **Keywords:** Polysaccharides, Tissue Engineering, Mesenchymal Stem Cells, Cell
1099 Culture

1100

1101

1102 3.1. INTRODUCTION

1103

1104 PECs can be applied as tridimensional scaffold devices, aiming application in
1105 tissue engineering field (**MARTINS et al., 2018a**). Depending on the experimental
1106 conditions used to yield PECs, these can show durability, controlled degradation
1107 rates, high porosities, and homogeneous structures with interconnecting pore
1108 networks (**WANG; WEN; BAI, 2016**). These properties lead PECs candidate
1109 materials to be used as scaffold matrices (**LÓPEZ-CEBRAL et al., 2017**). Besides,
1110 PECs can have water-stability, even without chemical crosslinking agents
1111 (glutaraldehyde, epichlorohydrin, genipin, and others) in their compositions (**FACCHI**
1112 **et al., 2018b**). When degraded or dissolved, chemical hydrogels may impart
1113 cytotoxicity to the system (**LÓPEZ-CEBRAL et al., 2017**), or yet, relying on the
1114 chemical crosslinking stability, these materials may decrease or still may suppress
1115 the scaffold biodegradability (**MACIEL; YOSHIDA; FRANCO, 2015; MARTINS et al.,**
1116 **2018a**).

1117 Scaffolds must mimic the extracellular membrane functions, such as the
1118 establishment of tissue microenvironments, sequestration, storage of regulatory-
1119 soluble molecules, mechanical support for cell anchorage, control of cell growth and
1120 proliferation, determination of cell orientation, transport of nutrients to guarantee the
1121 cell survival, and other functions (**FACCHI et al., 2017a; NAAHIDI et al., 2017**).
1122 **LÓPEZ-CEBRAL et al., (2017)**, have shown that physical GG-based scaffolds
1123 associated with endogen molecules and growth factor (BMP-2) acted as bone
1124 formation platforms (**LÓPEZ-CEBRAL et al., 2017**), while CS/pectin PECs have
1125 supported the attachment, growth and spreading of adipose mesenchymal stem cells
1126 (AMSCs) (**MARTINS et al., 2018a**). CS and GG can be associated to yield PECs
1127 with scaffolding performance; however, such capacity was not evaluated yet.

1128 Following an unpublished methodology, CS/GG PECs are developed from
1129 aqueous CS/GG blends, tuning the CS/GG weight ratios. CS/GG PECs with great
1130 stabilities against the dissolution process in water, structural homogeneities, and high
1131 porosities are prepared by modulating the CS/GG weight ratios. The scaffolding
1132 capacity of the hydrogels was assessed on bone mesenchymal stem cells (BMSCs)
1133 after 4 and 9 days of cell culture. The ability to promote adhesion, proliferation and

1134 spreading of BMSCs were determined by scanning electron microscopy (SEM) and
1135 fluorescence images. Hydrogel PECs were characterized through infrared
1136 spectroscopy (FTIR), wide-angle X-ray scattering (WAXS), and scanning electron
1137 microscopy (SEM). Also, properties such as *in vitro* degradation rate (using dried
1138 hydrogel samples) and swelling capacity of the dried PECs were evaluated after 4
1139 and 9 days in PBS.

1140 3.2. MATERIALS AND METHODS

1141

1142 KELCOGEL[®] gellan gum (GG) of low acyl degree and molar weight between
1143 2.0 to 3.0×10^5 g mol⁻¹ was graciously donated by CP Kelco Co., Limeira-SP (Brazil)
1144 (**PRAJAPATI et al., 2013**). Chitosan (CS) with deacetylation degree of 85% and
1145 average molar weight of 87×10^3 g mol⁻¹ was purchased from Golden-Shell
1146 Biochemical (China) (**FACCHI et al., 2018b**).

1147 3.2.1. Hydrogel preparation

1148

1149 The aqueous solution of CS (1.0 wt.%/vol.%) was prepared in dilute aqueous
1150 HCl solution (pH \approx 1.0), while the aqueous solution of GG (1.0 wt.%/vol.%) was
1151 obtained in deionized water (pH \approx 6.0). Both solutions were yielded by dissolving the
1152 polysaccharides at 60°C for 10 min. For obtaining PECs, aliquots of the GG-solution
1153 (1.0 wt.%/vol.% at 60°C) are slowly dropped into suitable aliquots of the CS-solution
1154 (1.0 wt.%/vol.% at 60°C) (Table 4). After dropping, the system is maintained under
1155 magnetic stirring for 5.0 min to form homogeneous CS/GG solutions. Then, flasks (10
1156 mL) containing CS/GG blends (6.0 mL) were conditioned in a water bath at 25°C for
1157 2.0 h to promote the physical crosslinking. Hydrogels were removed from the flasks
1158 and soaked in 50 mL deionized water under mild magnetic stirring. Aqueous NaOH
1159 solution (0.010 mol L⁻¹) was slowly dropped into the system to raise the pH to at least
1160 5.8. After neutralization, all samples were frozen and lyophilized (-50°C for 72 h).

1161

1162

1163

1164 **Table 4.** Experimental conditions used to create CS/GG PECs.

Samples	CS (mL:g)	GG (mL:g)	CS:GG ratio ^a
CS/GG(80-20)	4.8:0.048	1.2:0.012	80:20
CS/GG(60-40)	3.6:0.036	2.4:0.024	60:40

1165 ^aWeight ratio

1166

1167

1168 3.2.2. Characterization

1169

1170 Fourier-transform infrared spectroscopy (FTIR) spectra were recorded using
 1171 a Fourier transform infrared spectrophotometer (Shimadzu Scientific Instruments,
 1172 Cary 630 Model), operating from 650 to 4000 cm⁻¹, at a resolution of 4 cm⁻¹,
 1173 obtained after accumulating 64 scans. WAXS profiles were recorded on a Shimadzu
 1174 diffractometer, model XRD-600, Japan equipped with a Ni-filtered Cu-K α radiation.
 1175 The WAXS profiles were collected in a scattering range (2θ) from 5° to 70°, with
 1176 resolution of 0.02°, at a scanning speed of 2° min⁻¹. The analyses were performed by
 1177 applying an accelerating voltage of 40 kV at 30 mA. This analysis was carried out at
 1178 Maringá State University (Brazil).

1179 The surface morphology of the dried hydrogel PECs was investigated through
 1180 SEM. For obtaining the SEM images, samples were sputter-coated with palladium-
 1181 gold alloy (Polaron SC 7620 Sputter Coater, Quorum Technologies, Newhaven, UK)
 1182 at a thickness of 10 nm (10-15 mA, under a vacuum of 130 mTorr). The SEM (JSM-
 1183 6500F, field emission scanning electron microscope, JEOL, Japan) was operated at
 1184 an accelerating voltage of 5 kV, and 3 to 6 locations on each sample were imaged.
 1185 The average size of pores on hydrogel PEC surfaces was determined using the
 1186 ImageJ software and SEM images at 100 μ m of scale bar (10 counts). The SEM
 1187 analysis was carried out at Colorado State University (CSU), USA.

1188 3.2.3. *In vitro* degradation test

1189

1190 The initial dry weight (W_{dry-I}) of the hydrogel was immediately measured after
 1191 lyophilization. Then, the dried hydrogel (approximately 0.1 g) was immersed in PBS
 1192 (50 mL) and incubated at 37°C with shaking (100 rpm) (**CHEN et al., 2010**). At

1193 desired time intervals (after 4 and 9 days), the hydrogel was removed from the PBS
 1194 buffer, dried (as described above) and weighed to evaluate the final dry weight
 1195 (W_{dry-F}). The remaining weight (%) was determined using the following Equation

$$\text{Remaining weight (\%)} = \frac{W_{dry-F}}{W_{dry-I}} \times 100 \quad (2)$$

1196

1197

1198 3.2.4. Swelling assays

1199

1200 The swelling degree (SD) of the dried PECs was determined at 37°C after
 1201 contact with PBS (pH 7.4), using the Equation 2 (**NUNES et al., 2017b**). This assay
 1202 was performed after 4 and 9 days.

$$SD\% = \frac{W_s - W_d}{W_d} \times 100 \quad (3)$$

1203

1204 Where the W_s and W_d are the weights of swollen and dried hydrogels,
 1205 respectively. All the assays were performed in duplicate.

1206 3.2.5. Cell culture and proliferation assays

1207 3.2.5.1. Isolation of bone marrow stromal cells

1208

1209 Bone mesenchymal stem cells (BMSCs) were isolated from male Wistar rats
 1210 (*Rattus norvegicus*) (**RUCKH et al., 2010**). The animals were supplied by Harlan
 1211 Sprague Dawley, Inc. (separate time points, unmixed cell populations). The animal
 1212 protocol was approved by the Colorado State University Animal Care and Use
 1213 Committee. This Committee complies with the NIH (National Institutes of Health)
 1214 Guide for Care and Use of Laboratory Animals. Limbs were aseptically removed from
 1215 recently killed animals, and soft tissue was removed from the bones. Metaphyseal
 1216 end of the bones was removed to expose the bone marrow cavity. In a 50 mL conical
 1217 tube, marrow was repeatedly flushed with culture medium (α -Minimum Essential
 1218 Medium (α -MEM) with 10% fetal bovine serum (FBS, Sigma) and 1.0%
 1219 penicillin/streptomycin (Sigma-Aldrich), using 10 mL syringes with 18 and 25-gauge

1220 needles. Media containing cells and debris was filtered with a 70 mL nylon filter into a
1221 clean tube, and the cells were counted using a hemocytometer before seeding.

1222 3.2.5.2. *Cytocompatibility assay*

1223

1224 Before BMSCs seeding, dried hydrogel PECs (samples of approximately 8×4
1225 mm) were added to a 48-well plate and incubated in a sterilized PBS for 30 min
1226 under exposure to ultraviolet irradiation. Then, the PBS was removed, and the
1227 BMSCs (500 μ L) were seeded on the samples at a density of 0.5 million well⁻¹.
1228 Cultures were incubated at 37°C under 5% CO₂ for 4 days (**RUCKH et al., 2010**).
1229 Then, cell viability was determined by a CellTiter-Blue[®] cell viability assay (Alamar
1230 Blue assay, Promega G808A, Madison, WI), according to the manufacturer's
1231 instructions. After four days, 50 μ L of CellTiter-Blue dye was added to sterilized
1232 hydrogel samples (CS/GG(60-40) and CS/GG(80-20), containing 500 μ L culture
1233 media and they were incubated for 4 h at 37°C and 5% CO₂. Then, the supernatant
1234 absorbance was read in a microplate reader (Molecular Devices Spectra Max M3,
1235 Sunnyvale, CA) at 570 nm and 600 nm. The values of AlamarBlue reduction
1236 percentage (%AB) depend on the number of viable cells, i.e., the %AB correlates
1237 with the magnitude of dye reduction and is expressed as percentage of cell viability
1238 (**AL-NASIRY et al., 2007**). The %AB reduction was corrected for background values
1239 of negative controls containing medium without cells and samples (AlamarBlue was
1240 added to medium without cells). To eliminate differences of %AB promoted by the
1241 cell culture medium, and then normalize the cell viability results (%), the experiment
1242 was repeated using culture media containing cells (0.5 million well⁻¹) and titanium
1243 foils (8×4 mm). One of the most commonly used bone substitute materials, the
1244 titanium sample was chosen as positive control due to its biomedical potential for
1245 implants and its renewed cytocompatibility (**DE VITERI; FUENTES, 2013**).

1246 3.2.5.3. *Adhesion and proliferation tests*

1247

1248 The BMSCs cell responses to the PEC hydrogels CS/GG(80-20) and
1249 CS/GG(60-40) were investigated after 4 and 9 days of culture in growth media. Cell
1250 adhesion and proliferation were appraised by staining the cells with rhodamine-

1251 phalloidin to visualize the cytoskeleton, using a fluorescence microscope (Zeiss).
1252 Before staining, the media was aspirated, and the substrates were rinsed once in
1253 PBS before being transferred to a new 48-well plate where the cells were fixed at 3.7
1254 vol.%/vol.% formaldehyde solution for 15 min at room temperature. The fixative was
1255 aspirated, and the substrates were rinsed thrice with PBS for 5 min before being
1256 transferred to a new 48-well plate. The cells were permeabilized at 1.0 vol.%/vol.%
1257 triton-X solution for 3 min at room temperature. The permeant was aspirated, and the
1258 substrates were rinsed and transferred to a new 48-well plate where they were
1259 incubated at 37°C in 5% CO₂ in a 5.0 μL mL⁻¹ rhodamine-phalloidin solution for 25
1260 min at 25°C. The remaining solution was aspirated, and the substrates were rinsed
1261 twice with PBS before being stored in PBS in a light resistant container at 20°C.

1262

1263 3.2.5.4. Cell morphology

1264

1265 SEM was used to compare the attachment and morphology of cells on the
1266 PEC hydrogels. As described before, after four and nine days of cell culture, the
1267 samples containing the attached BMSCs were fixed in a solution based on 3.7
1268 vol.%/vol.% glutaraldehyde, 0.10 mol L⁻¹ sodium cacodylate, and 0.10 mol L⁻¹
1269 sucrose for 45 min. Then, the samples were soaked for 10 min in a buffer solution of
1270 0.10 mol L⁻¹ sodium cacodylate and 0.10 mol L⁻¹ sucrose. After, the PECs containing
1271 the cells were processed in serial ethanol dehydration for 10 min each and
1272 dehydrated in hexamethyldisilazane before being stored in a desiccator until imaging
1273 by SEM. The SEM images were obtained following the same conditions described
1274 before.

1275 3.2.6. Statistical analysis

1276

1277 The results were statistically analyzed using ANOVA and Tukey tests at a 5%
1278 significance level (GraphPad Prism 6.0).

1279

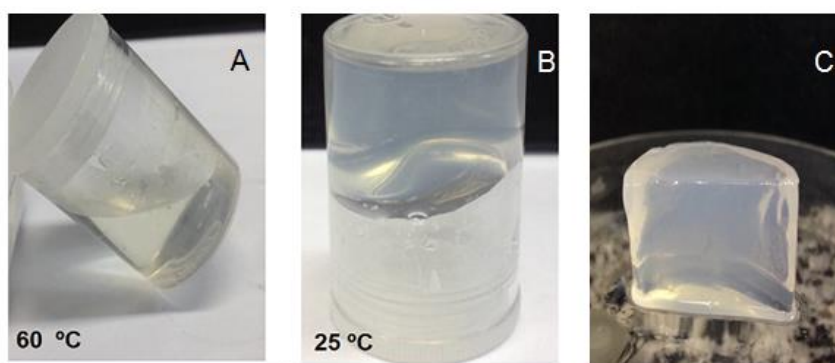
1280 3.3. RESULTS AND DISCUSSION

1281 3.3.1. Hydrogel formation

1282

1283 Fig. 14 depicts digital images of CS/GG blend at 60°C (Fig. 14A),
1284 unneutralized CS/GG assembly created at 80/20 CS/GG weight ratio (25°C) (Fig.
1285 14B) and neutralized CS/GG(80-20) hydrogel (Fig. 14C). Stable assemblies are
1286 yielded at CS/GG weight ratios ranging from 80/20 to 60/40. CS/GG PECs have not
1287 produced above 90% CS concentration, because of the cationic polymer excess. GG
1288 polymer chains can be stabilized by cationic CS macromolecules (**SABADINI;**
1289 **MARTINS; PAWLICKA, 2015**), and consequently by H_3O^+ ions (**DE SOUZA et al.,**
1290 **2016**) also provided in a dilute CS acid solution. When CS content is from 80 to 60
1291 wt.%, CS/GG hydrogels are produced. However, raising the GG content to 50%
1292 (decreasing the H_3O^+ and CS contents), non-homogenous hydrogel structure is
1293 obtained, while at 60%, the hydrogel PEC is not stable during the washing step, and
1294 above 60% no assemblies are created. Therefore, the H_3O^+ and charged CS
1295 macromolecules can stabilize the GG chain segments to produce double-helix
1296 configurations and hence stable CS/GG assemblies. However, the CS/GG ratio
1297 needs to be fixed at 60/40 to 80/20 range to impart suitable CS and H_3O^+
1298 concentrations to yield CS/GG assemblies after cooling of CS/GG blends (Fig. 14).

1299 Panhuis and coworkers reported the formation of CS/GG PEC films by dipping
1300 free-standing films of either GG or CS into solutions of opposite charge (**AMIN;**
1301 **PANHUIS, 2011**). It was shown that PEC production depended on pH and the order
1302 in which the biopolymers were added, i.e., soaking CS film into GG solution, or
1303 dipping GG film into CS solution (**AMIN; PANHUIS, 2011**). Here, for obtaining PECs,
1304 GG-solution must slowly be dropped into the CS-solution. Otherwise, no stable
1305 CS/GG blends are formed.



1306

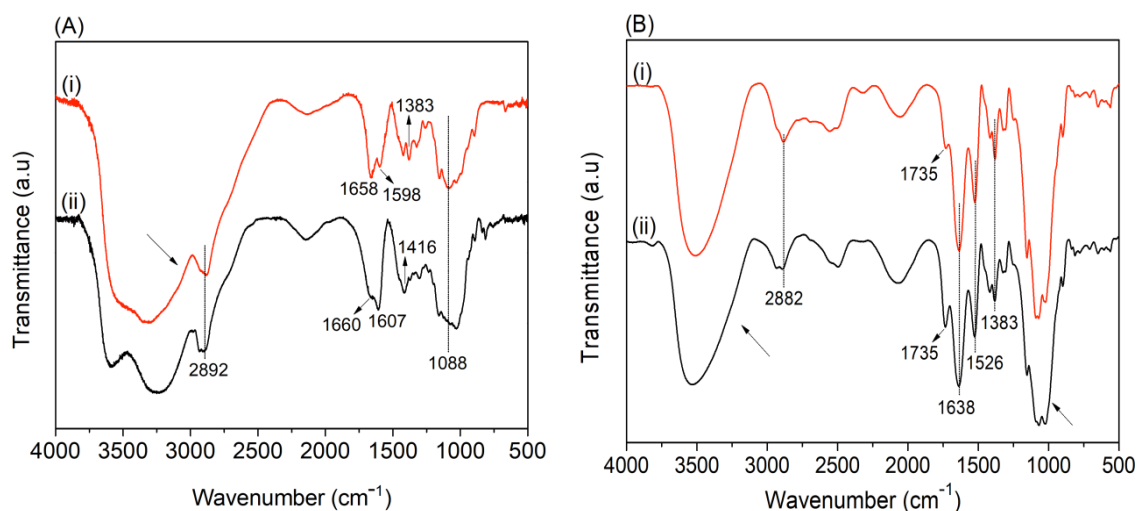
1307 **Figure 14.** Digital images of the CS/GG blend at 60°C (Fig. 14A), unneutralized CS/GG(80-20) at
 1308 25°C (Fig. 14B) and neutralized CS/GG(80-20) hydrogel (Fig. 14C).

1309

1310 3.3.2. Characterization of the PECs through FTIR

1311

1312 Fig. 15 shows FTIR spectra of the CS (i), GG (ii) (Fig. 15A) and CS/GG
 1313 assemblies (i and ii) (Fig. 15B).



1314

1315 **Figure 15.** FTIR spectra: (A) CS (i) and GG (ii); (B) CS/GG(80-20) (i) and CS/GG(60/40) (ii).

1316

1317 CS FTIR spectrum presents characteristic bands at 1383, 1598 and 1658 cm⁻¹
 1318 assigned to the –C–H bonds on –NHCOCH₃, –N–H stretching vibrations, and –C=O
 1319 groups of amide sites, respectively (Fig. 15A(i)) (**NUNES et al., 2017**). GG FTIR
 1320 spectrum displays symmetric and asymmetric –C=O stretching vibrations at 1416

1321 and 1607 cm^{-1} attributed to the carboxylate anions, sequentially; and C=O
1322 absorption at 1660 cm^{-1} ascribed to the acylated moieties (Fig. 15A(ii)) (**SABADINI;**
1323 **MARTINS; PAWLICKA, 2015**).

1324 Characteristic bands on CS and on GG FTIR spectra have suffered alterations
1325 in the hydrogel FTIR spectra (Fig. 15B). The band at 1383 cm^{-1} remains in both PEC
1326 FTIR spectra, confirming the CS presence, while the band at 1526 cm^{-1} is assigned
1327 to the N-H bonds, indicating that CS and GG are interacting by coulombic forces
1328 on hydrogel matrices (Fig. 15B). CS/GG assemblies were created blending dilute
1329 acid CS solutions and GG solutions prepared in deionized water. The acid condition
1330 allows the partial protonation of the amine moieties on CS ($\text{pK}_a = 6.5$) and
1331 carboxylate anions on GG ($\text{pK}_a = 3.5$). Martins et al. have related similar results for
1332 obtaining CS/pectin PEC membranes (**MARTINS et al., 2018a**).

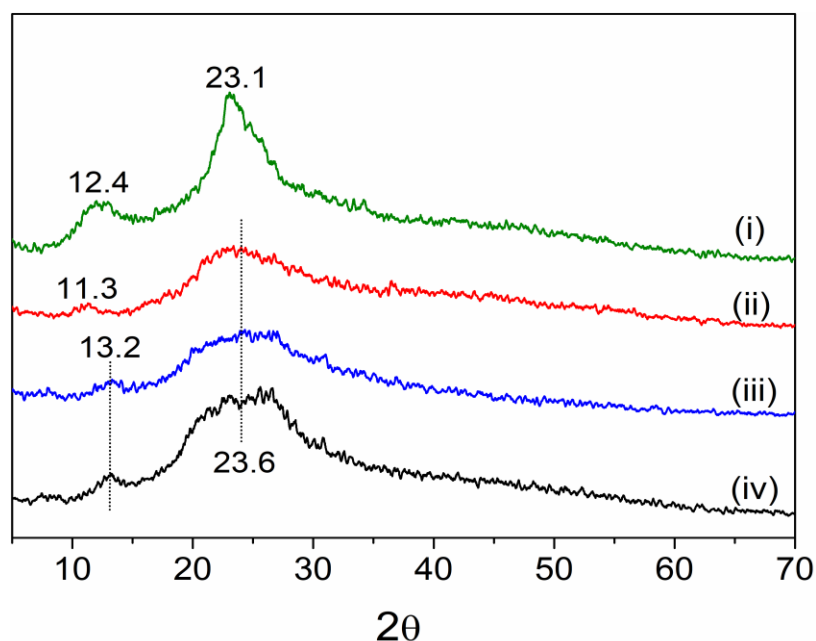
1333 These statements are corroborating with the band at 1638 cm^{-1} mostly related
1334 to the C=O bonds of carboxylate anions and characteristic band at 1735 cm^{-1}
1335 ascribed to the C=O of carboxylic acid moieties (COOH groups) on GG chains
1336 (**BALASUBRAMANIAN; KIM; LEE, 2018; MARTINS et al., 2018b**). The band at
1337 1735 cm^{-1} is more intense on CS/GG(60-40) FTIR spectrum (Fig. 15B(ii)) because of
1338 the high GG content (40 wt.%). Compared to the CS and GG FTIR spectra, CS/GG
1339 PEC FTIR spectra had more narrow and sharp bands in the region between 3000
1340 and 3600 cm^{-1} ascribed to the O-H and N-H bonds. In the PEC structures, CS
1341 and GG should interact by coulombic and intermolecular interactions. These
1342 rearrangements can destabilize the interactions among CS-CS and GG-GG polymer
1343 chain segments, conferring the spectral differences related before. Also, the band at
1344 2892 cm^{-1} (assigned to the C-H bonds) on precursor FTIR spectra (Fig. 15A)
1345 changed to 2882 cm^{-1} on PEC FTIR spectra (Fig. 15B) (**MARTINS et al., 2011**).
1346 Another alteration has occurred on the spectral range (1088 cm^{-1}) assigned to the C-O
1347 stretching of primary alcohols (**MARTINS et al., 2011**). All these modifications
1348 have confirmed the formation of CS/GG-based PECs.

1349 3.3.3. Characterization of the PECs through WAXS

1350

1351 Fig. 16 shows WAXS profiles of the CS (i), GG (ii) and CS/GG assemblies.
1352 CS WAXS profile exhibited two broad diffraction peaks at $2\theta = 12.4^\circ$ and 23.1° , which

1353 confirmed the presence of semi-crystalline domains. These crystalline regions are
 1354 attributed to the establishment of H-bonds between chain segments on CS polymer
 1355 backbones (**MARTINS et al., 2013**). However, the GG WAXS profile displayed two
 1356 more broad diffraction peaks ($2\theta = 11.3^\circ$ and 23.6°) than CS WAXS pattern because
 1357 the GG predominantly comprises an amorphous structure (**XU et al., 2007**).
 1358 CS/GG(80/20) and CS/GG(60/40) WAXS patterns present two broad diffraction
 1359 peaks at $2\theta = 13.2^\circ$ and 23.6° . Of note is that CS/GG(80-20) (iii) and CS/GG(60-40)
 1360 (iv) WAXS profiles are slightly different from the GG WAXS profile. The GG should
 1361 destabilize the H-bond interactions among CS-CS networks to form disorganized
 1362 CS/GG assemblies. These statements agreed with the FTIR results. WAXS patterns
 1363 of chondroitin sulfate/chitosan and heparin/N,N-dimethyl chitosan PECs already
 1364 reported in the literature presented similar behaviors for their WAXS patterns when
 1365 compared to the findings here demonstrated (**BUENO et al., 2015; NUNES et al.,**
 1366 **2017b**).



1367

1368 **Figure 16.** WAXS profiles: CS (i), GG (ii), CS/GG(80-20) (iii) and CS/GG(60-40).

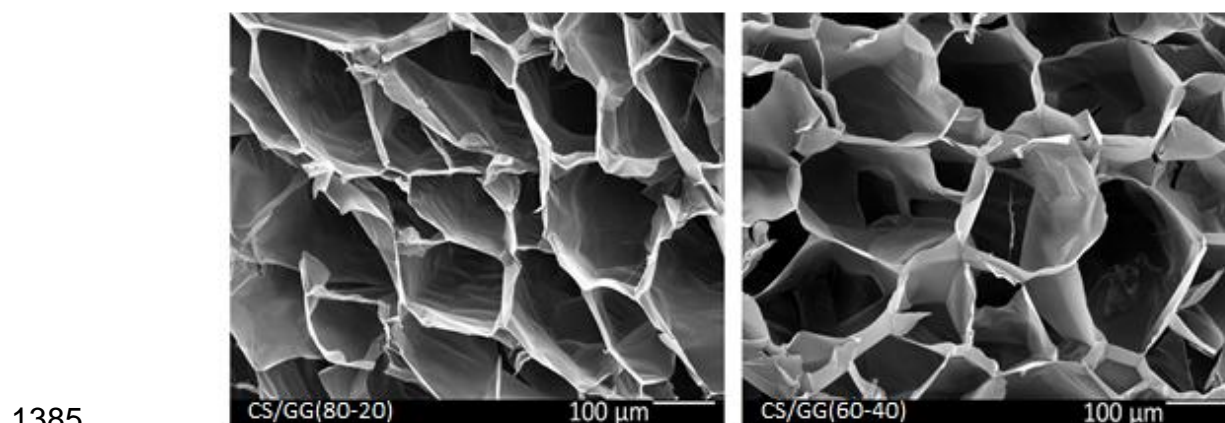
1369

1370 3.3.4. Characterization of the PECs through SEM

1371

1372 Fig. 17 shows SEM images of the CS/GG assembly cross-sections. By
 1373 adjusting the CS/GG ratio, materials with homogeneous structures, containing

1374 defined and interconnected pore networks are developed (Fig. 17). The average size
 1375 of pores on dried CS/GG(80-20) and CS/GG(60-40) cross-sections were 148 ± 34 and
 1376 180 ± 55 μm , respectively. Biomaterials with structural uniformity and high porosity
 1377 (average size of pores ranging from 100 to 200 μm) are desired properties for
 1378 scaffolds because they can mimic the ECM functions, such as transport of
 1379 metabolites, as well as transport, migration, proliferation, differentiation of cells and
 1380 ECM regeneration (**FREYMAN; YANNAS; GIBSON, 2001**). The scaffolding capacity
 1381 of CS/GG PECs will be demonstrated here. Our results have agreed with other
 1382 current published findings. Kolanthai et al. developed PEC composites based on CS,
 1383 alginate, collagen and graphene oxide with interconnecting pore networks with the
 1384 mean size between 10 to 250 μm (**KOLANTHAI et al., 2018**).



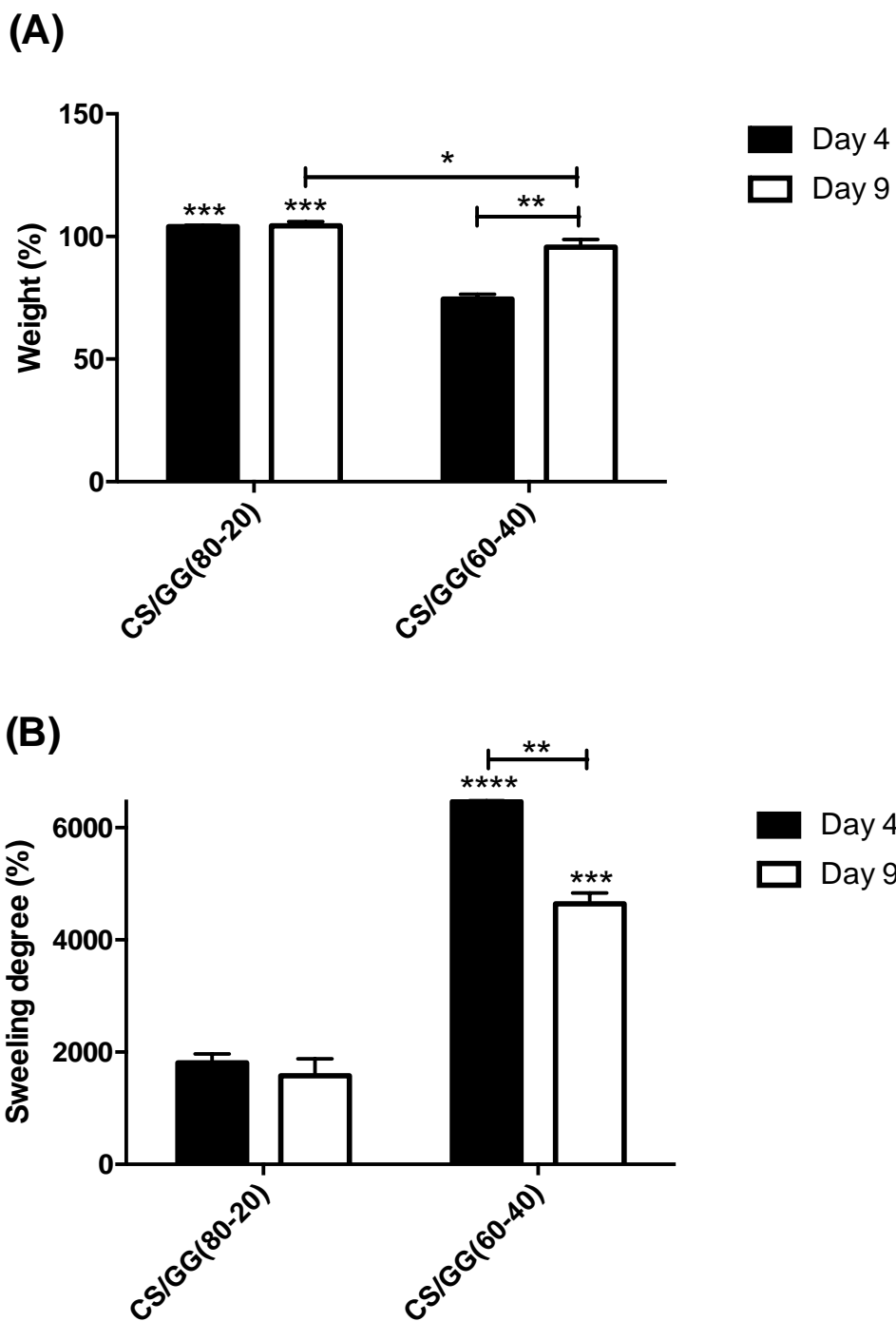
1386 **Figure 17.** SEM images of the samples CS/GG(80-20) (A) and CS/GG(60-40) (B).

1387

1388 3.3.5. *In vitro* degradation and swelling assays

1389

1390 Results of degradation and swelling determined after 4 and 9 days in PBS
 1391 (37°C) are presented in Fig. 18. Dried CS/GG(80-20) containing the higher CS
 1392 concentration (80 wt.%) showed great stability against degradation and slight
 1393 humidity retention (Fig. 18A). This hydrogel showed no degradation within 9 days,
 1394 probably because of the low CS solubility in alkaline medium. The CS/GG(80-20)
 1395 SDs% of 1813% and 1576% are achieved after 4 and 9 days, respectively (Fig. 18B).
 1396 Considering the CS/GG(80-20) assembly, no significant results ($p>0.05$) were found
 1397 for degradation and swelling outcomes (Fig. 18).



1398

1399

1400 **Figure 18.** In vitro degradation results (A) and swelling degrees (B) of the hydrogels determined after
 1401 4 and 9 days in PBS contact at 37°C. The results have significant differences, where **** is indicating
 1402 $p \leq 0.0001$, *** $p \leq 0.001$, ** $p \leq 0.01$ and * $p \leq 0.05$.

1403

1404 Overall, the CS/GG(60-40) PEC displayed higher degradation rates and
 1405 swelling degrees because of the high GG content (40 wt.%) in its structure.
 1406 Significant results of degradation and swelling were observed (at least $p \leq 0.05$; Fig.

1407 18). Compared to CS, GG has more water solubility, and then high GG levels impart
1408 large water uptake for CS/GG(60-40) assembly (SD = 6460% in 4 days and 4646%
1409 in 9 days; Fig. 18B). This effect is maximized due to the presence of ionized $-\text{COO}^-$
1410 sites on GG structure.

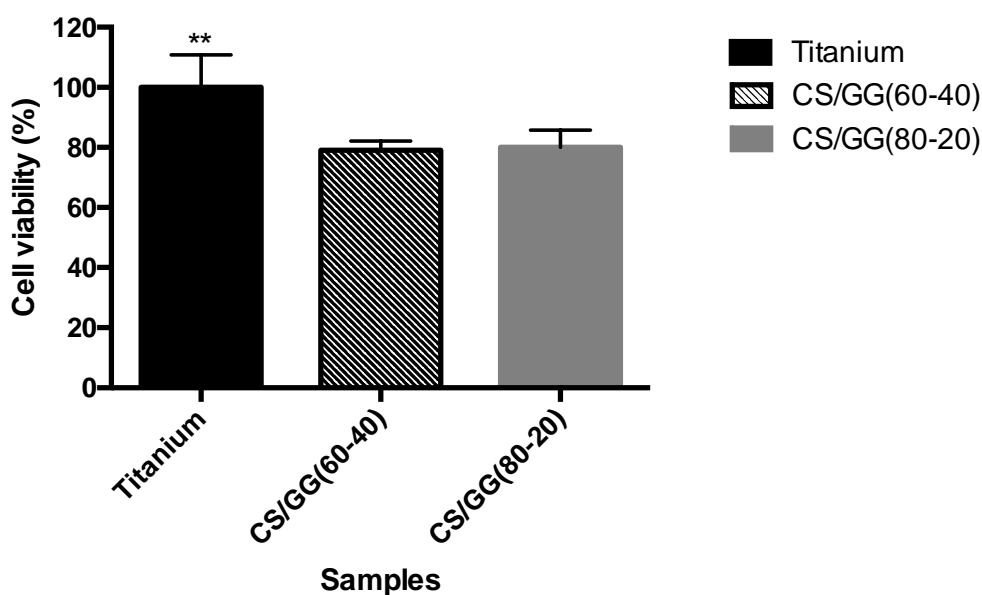
1411 CS/GG(60-40) PEC prepared at 40 wt.% GG content degraded 25% (after 4
1412 days) and only 5% (after 9 days) (Fig. 18A). Of note is that the degradation rate
1413 decreased after 4 days. This outcome should be associated with the self-assembling
1414 of the dried PEC chains in PBS. Fajardo et al. showed that dried CS/chondroitin
1415 sulfate PEC assemblies had presented self-reorganizing after contact with slight
1416 alkaline buffer solutions (pH 8.0) (**FAJARDO et al., 2010**). This behavior was
1417 depending on both the swelling pH medium and swelling time (**FAJARDO et al.,**
1418 **2010**). When applied, PEC-based scaffolds must be hydrophilic and have structural
1419 stability (**MARTINS et al., 2018a**). These traits were achieved for the CS/GG
1420 assemblies; however, the cationic polymer concentration played a significant role in
1421 DS% and degradation outcomes (at least $p \leq 0.05$) because the CS excess (80 wt.%)
1422 in CS/GG(80-20) hydrogel significantly reduced the water uptake.

1423

1424 3.3.6. Cell viability assay

1425

1426 The BMSCs cell viability results promoted by the CS/GG(60-40), CS/GG(80-
1427 20) and titanium (positive control) are presented in Fig. 19. The titanium is one the
1428 most important material for bone replacement in biomedical applications (**DE VITERI;**
1429 **FUENTES, 2013**). Therefore, it was chosen as a positive control due to its non-
1430 toxicity (**DE VITERI; FUENTES, 2013**). Significant differences ($p \leq 0.01$) on the cell
1431 viability findings are observed concerning the cell viability (100%) promoted by the
1432 titanium. However, both hydrogels have imparted high values of cell viability (higher
1433 than 80%), even considering titanium as a positive control (Fig. 19).



1434

1435 **Figure 19.** Cell viability results on the bone mesenchymal stem cells (BMSCs) after 4 days of cell
 1436 culture represented as percentage reduction of AlamarBlue. Error bars indicate standard deviation (n
 1437 = 5) and ** indicates $p \leq 0.01$. The titanium sample (8×4 mm) was used as positive control.

1438

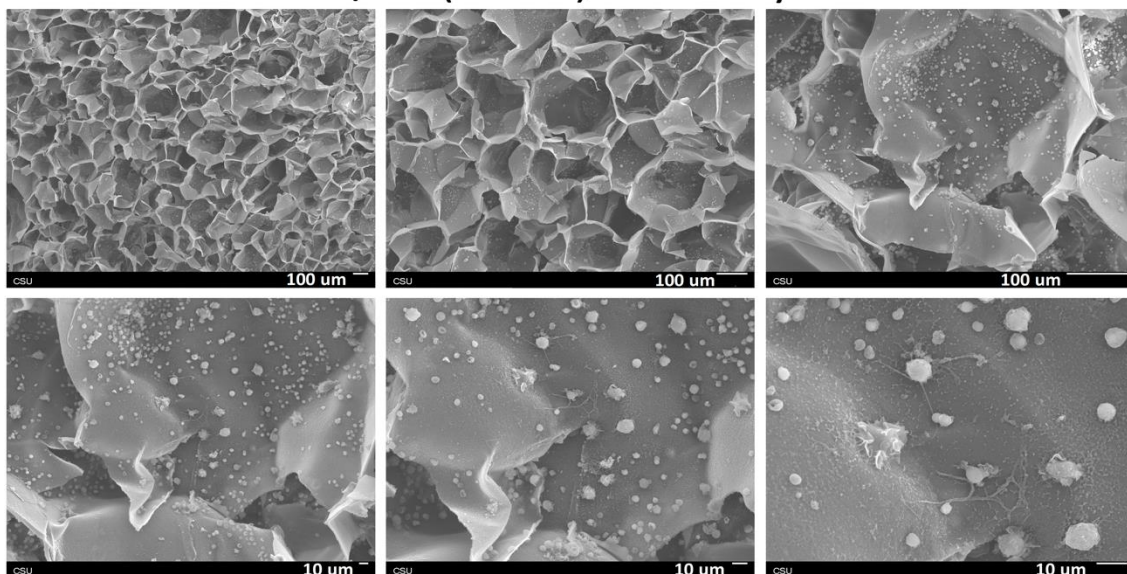
1439 Therefore, CS/GG PECs are cytocompatible to BMSCs and can be useful
 1440 candidates for biomedical applications. Such results agreed with other findings
 1441 already reported. Bonifacio et al. have shown that GG/manuka honey hydrogels
 1442 crosslinked by Ca^{2+} (0.025% w/v) and Mg^{2+} (0.50% w/v) under cationic physiological
 1443 concentrations, also exhibited slight cell viability results than 80% on BMSCs
 1444 **(BONIFACIO et al., 2018b)**. On the other hand, we have used the titanium foil
 1445 samples to determine the normalized percentage of cell viability (100%), while
 1446 Bonifacio and coworkers have applied an untreated control (cells without control
 1447 sample) **(BONIFACIO et al., 2018b)**. In this case, the CS/GG PECs present high
 1448 cytocompatibility even when compared with titanium (a renewed and cytocompatible
 1449 material widely applied in the biomedical field).

1450 3.3.7. Cell adhesion and proliferation

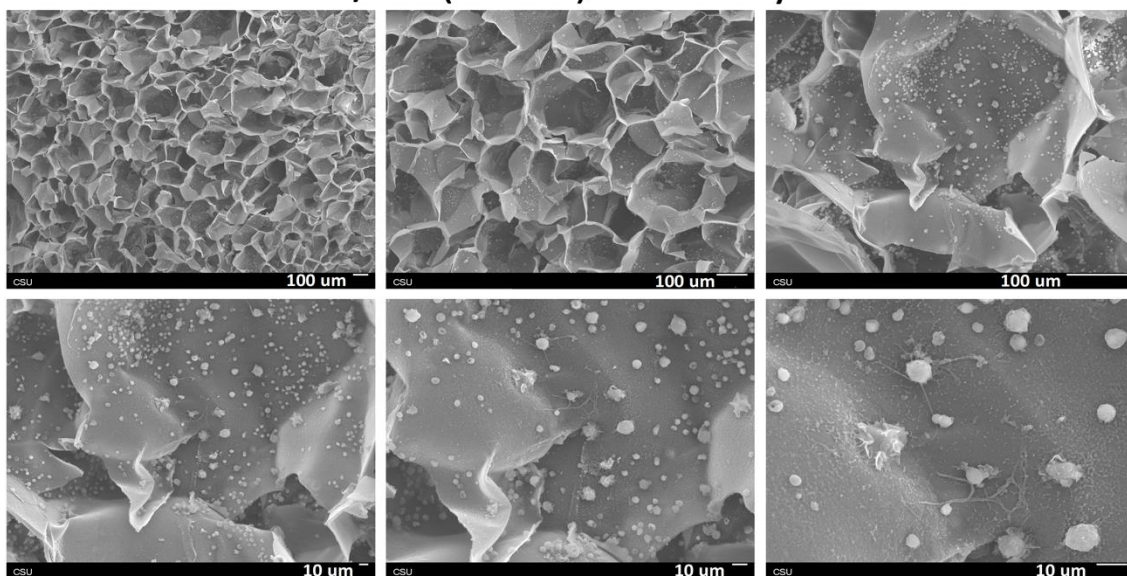
1451 Fig. 20 shows SEM images of the hydrogels after cell culture assay seeded
 1452 with BMSCs. In 4 days, the CS/GG(60-40) and CS/GG(80-20) hydrogels imparted
 1453 similar morphologies when compared to the morphologies of the as-obtained
 1454 materials (Fig. 20), confirming that PECs have appreciable stability in PBS. This
 1455 buffer solution mimics the blood pH environment, i.e., the biological condition of living

1456 organisms. After 4 days, both PEC matrices promoted cellular adhesion of BMSCs,
 1457 as well as provided slight dissemination of such cells on their surfaces. Both samples
 1458 have promoted similar results.

CS/GG(60-40) after day 4



CS/GG(60-40) after day 4



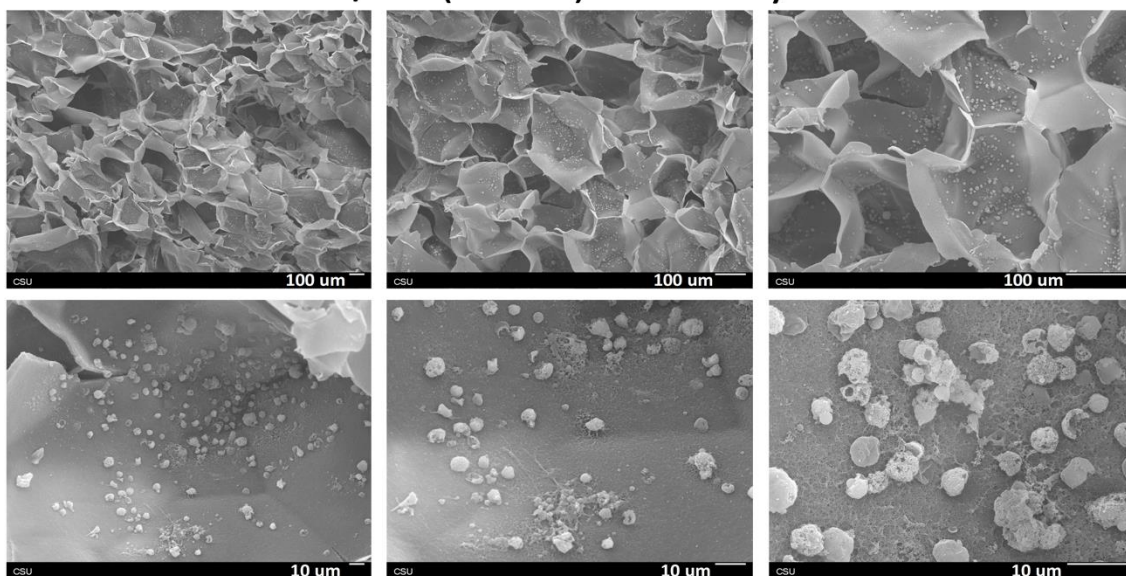
1461 **Figure 20.** SEM images of BMSCs cells seeded on the hydrogel PECs after 4 days of cell culture.

1462

1463 On the other hand, after an extended period in PBS (after 9 days), PEC
 1464 assemblies significantly exhibited different morphologies concerning the as-obtained
 1465 materials, such as described in Fig. 20 (Fig. 21). A significant morphological change

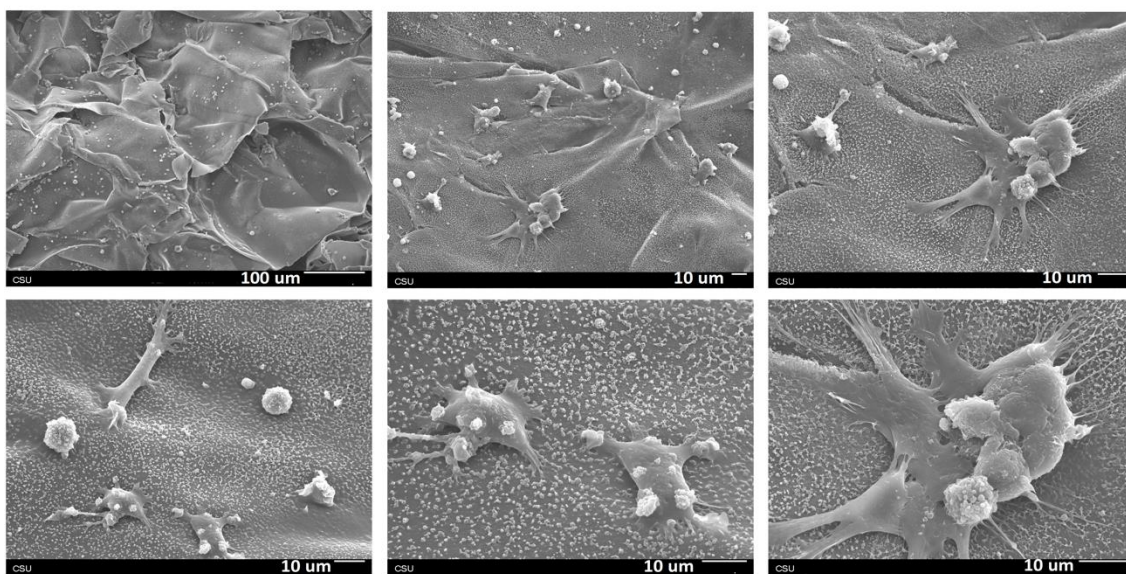
1466 took place on CS/GG(80-20) matrix because the blend prepared at CS/GG(80/20)
 1467 ratio is further from the equimolar proportion. This effect should disrupt the
 1468 maintenance of CS/GG(80-20) structure, even it containing 80 wt.% CS (a non-
 1469 soluble polymer in PBS) (Fig. 21).

CS/GG(60-40) after day 9



1470

CS/GG(80-20) after day 9



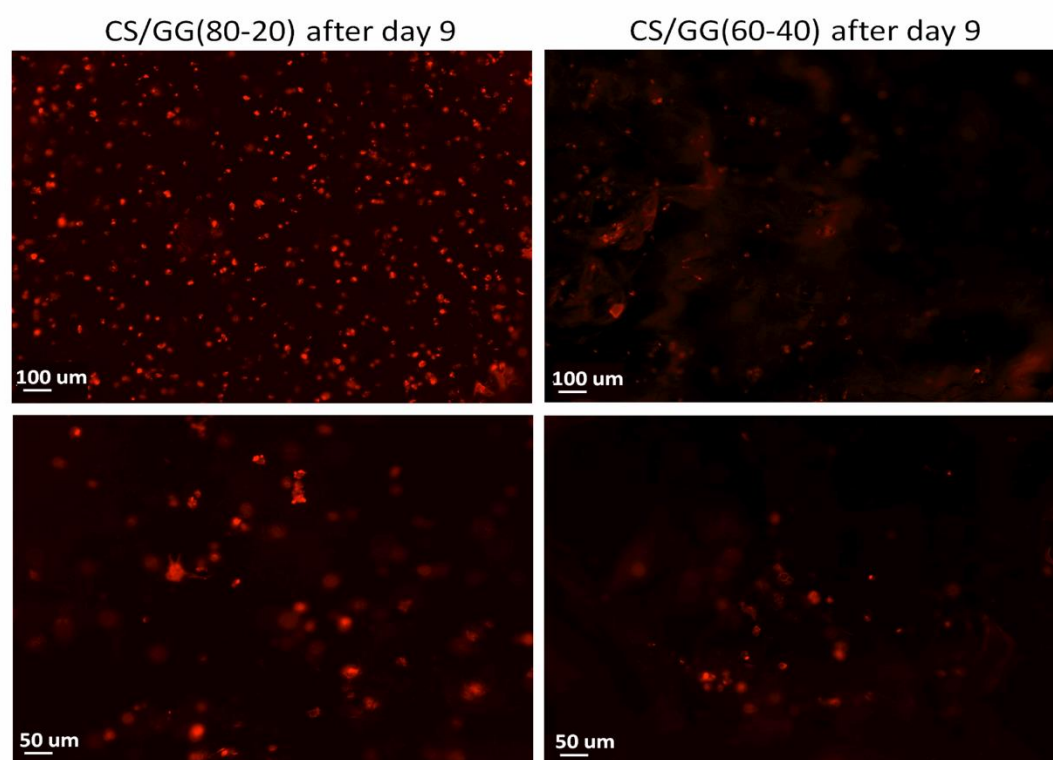
1471

1472 **Figure 21.** SEM images of BMSCs cells seeded on the hydrogel PECs after 4 and 9 days of cell
 1473 culture.

1474 Adjusting the CS/GG weight ratio, we can modulate the swelling capacity and
 1475 hence the hydrophilic/hydrophobic property. In 9 days, CS/GG(80-20) assembly (SD
 1476 = 1576%) showed excellent potential to promote dissemination of BMSCs than

1477 CS/GG(60-40) PEC (DS = 4646%). The high-water uptake of the CS/GG(60-40)
1478 hydrogel, as well as the suitable GG wt.% should avoid the establishment of
1479 desirable microenvironments to foster BMSCs spreading and survival (Fig. 21).
1480 Martins et al. described similar results, which pectin/CS PEC (DS = 2416%)
1481 containing pectin excess (≈ 80 wt.%) did not promote adhesion, fixation, and
1482 dissemination of AMSCs after seven days of cell culture (**MARTINS et al., 2018a**).
1483 On the other hand, the results for AMSCs survival and dissemination were achieved
1484 decreasing the pectin content to 66 wt.% in the pectin/CS assembly (**MARTINS et**
1485 **al., 2018a**). So, CS should enhance the biological responses in the PEC-based
1486 scaffolds.

1487 Fluorescence images of the hydrogels seeded with BMSCs (in 9 days of
1488 culture) confirmed the SEM data.



1489

1490 **Figure 22.** Representative fluorescent images of BMSCs on hydrogel PEC surfaces after 9 days of
1491 cell culture.

1492 The cytoskeleton of cells is identified by rhodamine-phalloidin through red
1493 color (Fig. 22). After 9 days, the CS/GG(80-20) assembly has promoted greater
1494 adhesion, proliferation, and dissemination of BMSCs. Both hydrogels are durable in

1495 PBS; however, only the CS/GG(80-20) PEC was appropriate to act as scaffold
1496 support. The spreading of BMSCs on CS/GG(80-20) surface should occur to form
1497 new tissues, stimulating processes of healing and repair **(DE SOUZA COSTA-
1498 JÚNIOR; PEREIRA; MANSUR, 2009)**. The attachment, proliferation, and
1499 dissemination of cells on scaffolds depend on the surface traits, including
1500 hydrophilicity/hydrophobicity and polarity **(BOMBALDI DE SOUZA et al., 2018)**.
1501 Cells have negative charge densities on ECM; therefore, a high GG content should
1502 suppress the BMSCs attachment and survival.

1503 3.4. CONCLUSION

1504

1505 This study showed for the first time that a CS/GG assembly (free of any
1506 chemical and metallic crosslinking agent) could promote scaffolding capacity on bone
1507 mesenchymal stem cells (BMSCs). However, the higher GG content (higher than 20
1508 wt.%) on PEC assembly has suppressed dissemination and survival of BMSCs. The
1509 CS/GG(80-20) PEC created at 80/20 CS/GG ratio imparted attachment, proliferation,
1510 and dissemination of BMSCs after 9 days of cell culture. By adjusting the CS/GG
1511 blend composition, we can modulate the hydrophilicity-hydrophobicity, allowing
1512 interactions between BMSCs and CS/GG(80-20) surface, obtaining desired biological
1513 responses. In particular, the CS/GG(80-20) biomaterial based on GG and GG
1514 polysaccharides can act as a scaffold for tissue engineering purposes.

1515 CHAPTER 4: FINAL CONSIDERATIONS AND FUTURE PERSPECTIVES

1516

1517 PECs-based on gellan gum and chitosan were yielded for the first time
1518 without typical precipitation of polyelectrolytes in solution. Following a new
1519 experimental methodology and tuning the CS content to 80 wt.%, it was prepared a
1520 hydrogel PEC with cytocompatibility, hydrophilicity, stability, homogenous porosity,
1521 and scaffolding capacity onto bone mesenchymal stem cells (BMSCs). The
1522 CS/GG(80-20) promoted adhesion, growth, and proliferation of BMSCs, being a
1523 candidate material for tissue engineering purposes. The other hydrogel samples can
1524 have other potential applications. These systems we are applying as adsorbent
1525 materials to treat wastewater contaminated with toxic metals and dyes, as well as

1526 drug carrier matrices. Of note is that we already produced CS/GG PECs loaded with
1527 curcumin (a non-soluble drug which presents anti-inflammatory, antimicrobial and
1528 carcinogenic properties against several types of cancer). We intend to show that
1529 CS/GG PEC can act a drug carrier matrix for curcumin.

1530

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